



# Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1  
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**\* Passion (Palm) Sunday | 29 March 2026 \***



## The Fickle Crowd

By Jean Allen

I have never experienced this in any parish where I have attended the Passion Sunday liturgy but I discovered it is not an uncommon practice during the long Gospel reading, where, instead of the Readers, the congregation are the ones who cry, "Let him be crucified!" and "His blood be upon us and on our children." Just think about that for a moment.

At the beginning of the Liturgy, the congregation is enthusiastically singing a Hosanna song and waving our palm leaves. Would it not be fitting for this same crowd to call for Jesus to be crucified as happened in the gospels? This is important because it was the same crowd in the Gospels that sang enthusiastic Hosannas who later got caught up in calling for his crucifixion. It would feel repugnant if I had to say those words in the liturgy. My feeling is, "I would never have done that!"

But crowd-speak happens more easily than we think. We can easily get caught up in what everybody else is saying, feeling that if everyone else agrees on something there must be merit to it. This is what happened to Jesus. The crowd got caught up in celebratory hosannas perhaps because some followers thought that he was the Messiah on his way to conquer the Romans. It was a great crowd exaltation moment – such a wonderful experience in the midst of their shabby and humdrum lives. Such joy! Such hope!

But fast forward to this same crowd witnessing Jesus being arrested, spat upon, mocked and led to Pilate. What a disappointment! What a let down! What an imposter. One person grumbled, "He should be crucified," and it didn't take long for the outrage to spread. Jesus became the scapegoat for all the people's crushed hopes and dreams.

Ask yourself if you would get caught up in something like that if you were downtrodden and bereft of hope.

I fear we all would.

**"CRUCIFY HIM"**



## LITURGICAL YEAR A

### Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm

### Sunday:

English Mass 9:00 am

Syro-Malabar (no Holy Mass: Sun. April 5) 11:00 am

Korean 3:00 pm

Vietnamese (Please contact the Parish Office) 5:30 pm

## Weekday Masses English Masses

Tuesday 11:00 am

Wednesday 11:00 am

Holy Thursday (No 11 am Mass) 7:00 pm

Altar of Repose until midnight

Good Friday Stations of the Cross 2:30 pm

Good Friday Service 3:00 pm

Holy Saturday Blessing of Food Baskets 12:00 pm

Easter Vigil 7:00 pm

## Korean Masses

Wednesday 7:30 pm

Holy Thursday April 2: with English parishioners 7:00 pm

Good Friday April 3: Stations of the Cross 6:30 pm

Good Friday Service 7:00 pm

Holy Saturday April 4: Easter Vigil 9:30 pm

## RECONCILIATION

Tuesday to Thursday 10:30 am to 10:50 am

Saturday 3:00 pm to 3:45 pm

Sunday 8:15 am to 8:45 am

## Parish Office Hours

**Tuesdays to Fridays**

**9:30 am to 3:00 pm**

Closed on Mondays, Saturdays, and Sundays

**Office is closed: Mon, April 6 and Tue, April 7**

**NO MASS: Tue, April 7 and Wed. April 8**

If you would like to register or volunteer for a ministry, please send an email to [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:

E. [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

P. 250-479-1611

[Sacred Heart Parish Website >](#)



## Adoration at the Altar of Repose

**Thursday, 2 April**

After Holy Thursday Mass until Midnight

Everyone is welcome to spend time at the Altar of Repose in quiet prayer and meditation.



## Nine-Day Divine Mercy Novena

- Day 1 : Good Friday > after the Good Friday Service.
- Day 2 & 3 : Holy Saturday, 6:40 pm > Easter Sunday, 8:40 am.
- Day 4 to 6 : Mon Apr 6 to Wed Apr 8 > **No Masses:** Chaplet at home.
- Day 7 & 8 : Thu Apr 9 & Fri Apr 10 > at 10:40 am before Mass.
- Day 9 : Saturday, April 11 > before the 4 pm Mass at 3:40 pm.

**Divine Mercy Sunday, April 12, 9 am, English Mass, Exposition, Benediction.**

**Please remember to bring your bells to ring during the singing of the Gloria**

**on Holy Thursday, Easter Vigil, and Easter Sunday.**





## **Please Pray For**

### **Those who have died:**

*Remedios de Lara,  
Milivoj Miklenic, Josin Remedios,  
Allan Sequeira, Norman Webb, and Robert Wilson.*

### **Those who are ill:**

*Irene Anna, Dan, Jade, Jon A, Jacobus B, Patrick C, Irene C,  
Patricia C, Cora C, Lesley D, Robert H, Derek L, Lisa L, Kevin L,  
Ed O, Fiona M, Davide R, Valerie S, Cathy T, and Ornella T.*



## **Thank You!**

Thank you for giving from the heart to Share Lent and the On Track for Justice campaign. Our parish has helped communities across the Global South to build peace and justice.

If you have not yet donated, you can still give at [devp.org/give](http://devp.org/give)

Tax Receipts will be issued by Development and Peace, Caritas, Canada.



## **Society of St. Vincent de Paul**

Palm Sunday begins the holiest of Christian weeks. Let us pray for the grace to take up our own cross and to follow Jesus to new life. Be a "light" to those living in poverty and darkness by giving a donation to the Society!

Tax Receipts will be issued by the Society of St. Vincent de Paul.

To join the Society, please contact Georgina: [mgvshort@telus.net](mailto:mgvshort@telus.net) or call 250-727-2615

For assistance, please call our Social Concern Office: 250-727-0007 ext 1.

To donate online, specify "Sacred Heart Parish" [https://give-can.keela.co/ssvp\\_donation\\_form](https://give-can.keela.co/ssvp_donation_form)

Make cheques to: "Society of St. Vincent de Paul".



## **Options to Donate**

### **E-Transfer:**

The email to use is [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

### **Pre-Authorized Debit (PAD)**

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

### **Canada Helps**

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.



## **Thank you for your contributions!**

### **March 21 & 22, 2026**

Envelopes \$ 1,517.00

Cash \$ 420.00

**Total \$ 1,937.00**

**Building Fund: \$ 300.00**

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

## **"Hosanna" on Palm Sunday**

The original word, "Hoshi'ana", is Hebrew and Aramaic that means "save us, we beseech thee." The simplified spelling, "Hosanna", is based on a Greek transliteration of this Hebrew expression. In the Gospel accounts, Jesus arrives in the temple portico through the gate called "Beautiful". He approached Jerusalem from the east, over the Mount of Olives before entering the city. He arrived on a donkey (Matt 21:1-7), fulfilling the prophetic words of Zechariah 9:9:

"Rejoice greatly, Daughter Zion! Shout, Daughter Jerusalem! See, your king comes to you, righteous and victorious, lowly and riding on a donkey, on a colt, the foal of a donkey."

## **The Holy Triduum**

Triduum means "three days" referring to the **celebration that begins with Holy or Maundy Thursday and ends with Easter Sunday**. Also known as the "paschal triduum" or "Easter triduum", as you attend the three-day celebration, you will notice that each day ends in silence to indicate that the celebration continues until the Easter Liturgies. The word "paschal" comes from the Greek word "pascha", from the Hebrew word "pesach," which means Passover. Jesus' passion, death, and resurrection, connected theologically to the Passover feast, is referred to as the 'Paschal Mystery'.

## **Maundy or Holy Thursday**

### **HOLY OILS**

The three Holy Oils are Sacramentals: the Oil of Sick, Oil of Catechumens, and the Oil of the Sacred Chrism.



The first and third Holy Oils are pure olive oil. The Sacred Chrism is a consecrated mixture of olive oil and balsam (a sweet-smelling perfume) for use in the Sacraments and acts of Consecration. It symbolizes the strength of the Holy Spirit and the "aroma of Christ". Primarily used in Baptism, Confirmation, and Holy Orders, the Holy Oils are symbols of spiritual nourishment and the light of grace. The blessing of the Holy Oils takes place at the Chrism Mass by the Bishop. After distribution to the parishes, they are presented at the Mass of the Lord's Supper on Maundy Thursday, and then kept in locked boxes in the Ambry. Unused oils, a year later, are burned in the Sanctuary Lamp.



The word "Maundy" is from the Latin word "mandatum" meaning "commandment". "A new commandment, I give to you," Jesus said: "to love one another as I have loved you." Dating from the First Century AD, this is why English speaking countries call this day "Maundy Thursday" and why churches re-enact the foot washing by Jesus from the Last Supper; to demonstrate the importance of humility and spirit of selfless

service.

The institution of the Holy Eucharist at the Last Supper, the Body and Blood of Christ through transubstantiation, is also celebrated today. On the night of Holy Thursday, Eucharistic Adoration of the Blessed Sacrament takes place, just as the Disciples kept a vigil with Christ. Over the centuries, various traditions have also emerged, including the stripping of altars, no candles burning in church, and sharing of a special meal. In some cultures, Catholics spend the night of Holy Thursday visiting as many churches as they can in their diocese. Some parishes even extend the vigil overnight.

## **Good Friday**

On Good Friday, the church is empty of many of its symbols. It is adorned like a church in mourning. At 3 p.m., the Church offers the Celebration of the Lord's Passion. It is not a Eucharistic Celebration of Holy Mass. Scripture is read that recounts Christ's passion. We are invited to venerate or reverence the cross. "Behold the wood of the cross," the priest proclaims. It is a day of reflection and should noticeably be different from other days of the year.



## The Easter Vigil & Easter Sunday

The Easter Vigil is one of the most beautiful Liturgies in the Church calendar. It is full of Catholic symbolism. The vigil starts with a fire that is blessed and from which is lit the Paschal Candle. A beautiful Easter proclamation, the "Exsultet", is sung. The whole of salvation history is proclaimed through seven Readings. Men and women are welcomed into the Church: some Baptized, some Confirmed. The Lord's resurrection is what Easter is all about.

The Holy / Paschal Triduum ends on the evening of Easter Sunday; but the "Octave of Easter" lasts for eight days, and the liturgical season of Easter lasts for 50 days; bringing us to Pentecost.

[Online accessed, 9 April 2025: <https://www.catholicnewsagency.com/news/41064/before-easter-comes-the-triduum-whats-that-a-cna-explainer>]



### Grateful thanks to Marie Hamilton

for all her work, sewing, preparing, and labelling the covers that have helped to make the covering of the images and statues such a breeze; and making it convenient for storage, and to be re-used every year, moving forward.

### Building Fund Donations

Cash or cheques are accepted. Please make cheques out to "Sacred Heart Church". Donations for flowers for Easter are also being accepted. Thank you.



### The Garry Oak restoration project is back!

The group meets every 2nd and 4th Sunday of the month, from 1 pm to 4 pm, until the end of October.

## Holy Week Schedule

### Saturday, March 28 | Passion (Palm) Sunday

4:00 pm – Anticipated Passion (Palm) Sunday Mass (English)

### Sunday, March 29 | Passion (Palm) Sunday

9:00 am – English  
11:00 am – Syro-Malabar Rite  
3:00 pm – Korean  
5:30 pm – Vietnamese Mass

## The Holy Triduum

### Thursday, April 2 | Holy (Maundy) Thursday

7:00 pm – Mass (English / Korean Communities)  
9:00 pm – Syro-Malabar Rite

### Until Midnight: Altar of Repose (Parish Hall)

### Friday, April 3 | Good Friday

9:00 am – Syro-Malabar Rite  
**2:30 pm – Stations of the Cross**  
3:00 pm – Good Friday Service (English)  
6:30 pm – Korean Stations of the Cross  
7:00 pm – Korean Good Friday Service



### Saturday, April 4 | Holy Saturday

9:00 am – Syro-Malabar Rite  
12:00 pm – Polish Food Basket Blessing  
7:00 pm – Easter Vigil (English)  
9:30 pm – Easter Vigil (Korean)  
11:59 pm – Syro-Malabar Rite

## Easter Sunday



### Sunday, April 5

9:00 am – English Mass  
5:30 pm – Vietnamese Mass



## From the Diocese

### Journey Through Lent

This Canadian Conference of Catholic Bishops' series of videos offers spiritual inspiration and guidance on how to prepare well for the Easter season. Watch the series here: <https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-lent/>



### EMPLOYMENT OPPORTUNITIES

#### Assistant Director

#### Faith Formation and Evangelization

View the job posting at <https://www.rcdvictoria.org/employment>.

#### Full-time Office Assistant, St. Andrew's Cathedral

<https://www.standrewscathedral.com/post/office-assistant-position>

#### Childcare at Our Lady of the Rosary!

The deadline for proposals is March 31 at 4:00 pm PST. <https://www.rcdvictoria.org/employment>.

### Diocesan Bursary Catholic Women's League "In Memory of Freda Smith"

**Deadline: March 31**



This \$750 Bursary is awarded to a graduating Catholic student who plans to pursue a post secondary education. For the application form, please visit <https://cwldov.org/application>

### Holy Week and Easter Schedules in our Diocese

<https://www.rcdvictoria.org/events/2026-holy-week-mass-times>

### USED UNIFORMS NEEDED

St. Andrew's Regional High School will accept "USED UNIFORM" donations for their sale in May. Please drop off the donations in the marked bin by the main doors of the school.



### HOSTING STUDENTS

The St. Andrew's International Student Program need host families for male students for the 2026/27 School Year starting September. Host families receive \$1,350 per month to cover costs.

Please contact Nina Timm at: [homestay@cisdv.bc.ca](mailto:homestay@cisdv.bc.ca) / 403-771-2519

### Bp Thomas J. Lobsinger, OMI Memorial Bursary

Applications accepted until Jun 30, 2026

Requests for application should be addressed to:

Jim Williams, State Bursary Chairman  
2195 Neptune Road, North Saanich, BC, V8L 5J4  
Or email: [jimw.kofc@gmail.com](mailto:jimw.kofc@gmail.com)

Terms: [https://foundation.kofcbc.org/bursary/#elf\\_l1\\_Lw](https://foundation.kofcbc.org/bursary/#elf_l1_Lw)



## Pastor, Fr. Shijo George

[sgeorge@rcdvictoria.org](mailto:sgeorge@rcdvictoria.org)

## Korean, Fr. Marco Park

[dkpark@rcdvictoria.org](mailto:dkpark@rcdvictoria.org)

## Syro-Malabar, Fr. Shijo George

[sgeorge@rcdvictoria.org](mailto:sgeorge@rcdvictoria.org)

## Vietnamese, Fr. Michael Tran

[michaeltran@rcdvictoria.org](mailto:michaeltran@rcdvictoria.org)

## Hospital Chaplain, Fr. Sean Flynn

250-889-3761

## Parish Administrative Assistant

Katherene Newton: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## Parish Liturgy Coordinator

Rafael Oei: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## RMSE Coordinator

Sindhu Merwin: [sacredheartmse@gmail.com](mailto:sacredheartmse@gmail.com)

## Religious Education/Sacramental Preparation

[sacredheartreled@rcdvictoria.org](mailto:sacredheartreled@rcdvictoria.org)

## PARISH PASTORAL COUNCIL 2025 / 2026

Edgar Tan Jr. (Chair)    Jeremy Côté    Margaret Sasges  
Merwin Thengil    Rick Perez de Tagle    Samantha Sherman

Richard Byeon    (Korean Representative)  
Sonny Huynh    (Vietnamese Representative)  
Anjali Aniyani    (Syro-Malabar Representative)

## PARISH MINISTRIES & GROUPS



Parish Office: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## LITURGICAL MINISTRIES & POSITIONS

### Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Marilyn Turner,  
Mae Tan

Floral Ministry

Karla Montano

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Lynda Tan

Miriam Podmoroff

Video Streamers

Peter Liem

Sacristan

Sylvain Leclerc

## PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L.

Belle Perez de Tagle

Prayer Line

Miriam Podmoroff

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Funeral Receptions

Marilyn Turner

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

## TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit [RCDVictoria.org/Responsible-Ministry](http://RCDVictoria.org/Responsible-Ministry) or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit [BishopReportingSystem.ca](http://BishopReportingSystem.ca) or call 1-866-892-3737

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