



# Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1  
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**\* Fourth Sunday of Easter | 26 April 2026 \***

## The Voice of the Shepherd

By Jean Allen



I've written this before but it bears repeating: in Jesus' day, each shepherd didn't have a separate sheepfold for his flock to sleep at night. At the end of a day, several flocks of sheep would be led into one big sheepfold where the sheep mingled and slept all together. In the morning, the shepherd would start talking to his sheep and if a sheep didn't belong to his flock, it wouldn't pay any

attention. But the sheep of his flock knew their shepherd's voice and would follow him out. Sheep knew the voice of their shepherd because they listened to it all day long, which meant that the shepherd would call out to and talk to his sheep all day long. That's how the sheep knew the voice of their shepherd. They didn't just follow a familiar figure at the head of the flock. They listened for the shepherd's voice who would call them by name and show them the good places to graze and take them to the still water because sheep won't drink from running water.

Do you know the voice of the Shepherd? When you think of prayer, do you just think of a time when you're doing all the talking, whether it's rote prayer or spontaneous requests to God to help you or heal you or fix an uncomfortable situation? Or do you think of listening? Do you talk at God or with God? Do you listen for a voice steering you away from toxic food or calling you to a particularly good pool of water? Do you recognize his voice well enough that you can distinguish it from other voices that may seem good but don't hold the warm, secure and comforting timbre of the Shepherd's voice?

Many people equate the Shepherd's voice with a voice of condemnation. It makes them feel driven to some sort of immediate action to help take away the sting of shame and guilt. If this is the voice you equate with the Shepherd, please remember: in Jesus' day, the true shepherd led his sheep.

It was the butcher that drove them.

## LITURGICAL YEAR A

### Saturday:

English Mass (anticipated Mass) 4:00 pm

### Sunday:

English Mass 9:00 am  
Syro-Malabar 11:00 am  
Korean 3:00 pm  
Vietnamese (Please contact the Parish Office) 5:30 pm

## Weekday Masses

### English Masses

Tuesday 11:00 am  
Wednesday (Apr 29: St. Catherine of Siena) 11:00 am  
Thursday (Apr 30: St. Marie of the Incarnation) 11:00 am  
Friday 11:00 am  
Exposition 11:30 am  
Benediction 1:30 pm

### Korean Masses

Wednesday 7:30 pm  
Thursday 10:00 am

## RECONCILIATION

Tuesday to Friday 10:30 am  
Saturday 3:15 am  
Sunday 8:15 am

## Parish Office Hours

**Temporary hours from April 21 to May 15**  
**Tuesdays to Fridays**  
**10:00 am to 2:00 pm**

Closed on Mondays, Saturdays, and Sundays

If you would like to register or volunteer for a ministry, please send an email to sacredheart@rcdvictoria.org

### For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:  
E. sacredheart@rcdvictoria.org  
P. 250-479-1611

Sacred Heart Parish Website >



Our sincere gratitude to all CWL members for their dedication in preparing our Bake Sale, and to all parishioners who supported it by purchasing the baked goods. Together, you helped make this fundraiser a great success.

## SAVE THE DATE

**Sacred Heart Parish**  
**Annual General Meeting**

**Saturday, May 2 at 5 pm**  
**in the Parish Hall**

After the Saturday, 4 pm Anticipated Mass

**Pizza and refreshments**  
**will be served!**

**Gluten-free pizza will be available**  
**upon request.**





## Please Pray For

### Those who have died:

Stephanie Acheson, Kris Balanda, James Bond,  
Nigel Brodeur, Catherine Carreon,  
Daniel De Grammont, Alice, Joe Snr & Joe Jnr De Lima,  
Irene Remedios, Zaida Samaniego, and Norman Webb.

### Those who are ill:

Irene Anna, Jon A, Jacobus B, Patrick C, Irene C, Patricia C,  
Cora C, Lesley D, Robert H, Derek L, Lisa L, Ed O, Fiona M,  
Davide R, Valerie S, Norma Thompson, Ornella T, and Dan W.



## Eternal Rest Grant Unto

**Nigel Brodeur** (30 March 2026)

Funeral Mass, 11 a.m., Tuesday, 12 May 2026

*O Lord, and let Perpetual Light Shine Upon him.  
May his soul rest in peace. Amen.*



## KAIROS Blanket Exercise

9:30 am to 12 pm, Saturday, May 23

In the spirit of Truth and Reconciliation, the CWL of Sacred Heart Parish is pleased offer the KAIROS Blanket Exercise in the Sacred Heart Parish Hall on May 23.

Guided by trained facilitators, the blanket exercise is an interactive, experiential activity that walks you through 500 years of historic and current relationships between indigenous and non-indigenous peoples in Canada.

There will be a debriefing after the break conducted as a "Talking Circle". For clarification or to register, please contact Margie Noonan at margielnoonan@gmail.com or 250-589-6313.

## Options to Donate

### E-Transfer:

The email to use is [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

### Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

### Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.



## Thank you for your contributions!

**April 18 & 19, 2026**

Envelopes \$ 2,335.00

Cash \$ 355.00

**Total \$ 2,690.00**

Building Fund \$ 510.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

## Fr. Shijo's Homilies

are available on our Parish Website

<https://sacredheartvictoria.com/sacred-heart-homilies.html>



## IN MAY!

You are welcome to join us to  
**Pray the Rosary**

25 minutes before each Mass

Celebrate the end of the

**Month of the  
Rosary**

**Sunday, May 31,  
9 am Mass**

8:35 am - Rosary

Mass will end with

Exposition | Benediction

followed by the usual Sunday coffee / tea.

Bring-your-own picnic in the courtyard.



## Society of St. Vincent de Paul

Today, we celebrate "Good Shepherd Sunday" where we reflect on Jesus' care and love of us and hear his words, "I came so that they may have life and have it more abundantly." By your gift to the Society you will reveal the love of the "Good Shepherd" to your suffering brothers and sisters.

To join the Society, please contact Georgina: [mgvshort@telus.net](mailto:mgvshort@telus.net) or call 250-727-2615

For assistance, please call our Social Concern Office: 250-727-0007 ext 1.

To donate online, specify "Sacred Heart Parish" [https://give-can.keela.co/ssvp\\_donation\\_form](https://give-can.keela.co/ssvp_donation_form)

Make cheques to: "Society of St. Vincent de Paul".



## St. Catherine of Siena

April 29

St. Catherine is the patroness against fire, illness, of the United States, Italy, of miscarriages, people ridiculed for their faith, sexual temptation, and nurses.



Caterina di Jacopo di Benincasa, born 25 March 1347, was an Italian mystic and pious laywoman who engaged in papal and Italian politics. She is also considered to have influenced Italian literature. She joined the "mantellates", a group of pious women, primarily widows, devoted to Dominican spirituality. After her death, these groups formed the Third Order of the Dominicans. It was Catherine who influenced Pope Gregory XI, in 1376, to leave Avignon for Rome. The Pope sent her to negotiate peace with the Florentine Republic.

After Gregory XI's death (March 1378) and the conclusion of peace (July 1378), she returned to Siena, and dictated her set of spiritual treatises, "The Dialogue of Divine Providence" to her secretaries. She sent letters to princes and cardinals to promote obedience to Pope Urban VI and to defend what she calls the "vessel of the Church". St. Catherine died on 29 April 1380. Urban VI celebrated her funeral and burial in the Basilica of Santa Maria sopra Minerva in Rome. She was canonized by Pope Pius II in 1461, and declared patron saint of Rome in 1866 by Pope Pius IX. In 1939, with Francis of Assisi, Pope Pius XII declared her the patron saint of Italy. She was the second woman to be declared a Doctor of the Church on 4 October 1970 by Pope Paul VI, a few days after St. Teresa of Ávila. In 1999 Pope St. John Paul II proclaimed her a Patron Saint of Europe.



## St. Marie of the Incarnation April 30

Marie Guyart was born in Tours, France, October 28, 1599. Although attracted to the cloistered life, she obeyed her parents and married master silk worker, Claude Martin. He died two years later, leaving her, at 19, with a six-month-old son also named Claude.

In 1621, her brother-in-law asked her to take over the management of his transportation company. However, the call to consecrated life pursued her. In 1631, she asked her sister to look after her 12 year old son, and entered the novitiate of the monastery of the Ursulines of Tours, taking the name 'Marie of the Incarnation'.

In 1639, her superiors invited her "to create a house for Jesus and Mary" in Canada. She embarked from Dieppe on May 4 with two other Ursulines and four Hospital Sisters. When she arrived in Quebec: "The first thing we did was to kiss the ground of the place to which we had come to fulfill our lives in the service of God and the Indigenous people." She was never to return to France.

She organized the building of a monastery for the consecrated community and a boarding school for Indian and French girls whom the Ursulines decided to shelter and educate together. She fed the Huron and Algonquins who knocked at the door and gave them Christian instruction and encouraged them to share the Good News with their communities. Her door was open to everyone:

governors, notable personages, the local inhabitants as well as woodsmen, French, and Indian alike. It was a welcoming place where everyone could find counsel as well as material help.

She wrote the Constitutions and Rule of the Ursulines of Quebec (1647), and **created** dictionaries, grammars, catechisms and prayer books in four **First Nations languages**. At the request of her son, now a member of the Benedictines, she wrote a memoir on "her states of prayer and of grace". The experiences she reveals place her among the masters of spiritual life. A collection of her lessons to the novices at Tours has also been conserved. The intensely mystical quality of her writing led the well-known French Bishop Bossuet to give her the nickname of "the Teresa of New France", after Saint Teresa of Avila.

She maintained an ongoing correspondence with her relatives, friends and benefactors in France. Nearly 300 letters have been conserved; and they are of great historical and spiritual interest.

Marie of the Incarnation died in Quebec on April 30, 1672. She was beatified by Pope St. John Paul II on June 22, 1980 and canonized by Pope Francis on April 3, 2014.

[Online accessed, 23 April 2026:

<https://www.cccb.ca/the-catholic-church-in-canada/saints-blesseds-canada/canadian-saints/st-marie-incarnation-1599-1672/>

## The Garry Oak restoration project is back!

The group meets every 2nd and 4th Sunday of the month, from 1 pm to 4 pm, until the end of October.



## From the Diocese



### 12th Annual Diocese of Victoria Family Camp and Conference

*"Grafted to Christ"*

Registration is open for the 12th Annual Diocese of Victoria Family Camp and Conference. Families are invited to gather for a fun, faith-filled weekend of fellowship, play, and prayer; August 20-23 at beautiful Nanoose Bay Camp. The Guest Speakers are Angela and Shawn Veters. Details are at:

<https://12thAnnualVictoriaDioceseFamilyCampandConference.evenbrite.ca>

## Sr. Judi Morin, SSA

11 am Funeral Mass, Friday, May 1  
Holy Cross Church, Gordon Head Road

Please pray for the repose of the soul of Sr. Judi Morin SSA, who passed away peacefully on the morning of April 14, 2026 at her home in Victoria, BC. The Mass of Christian Burial for Sr. Judi will be on Friday, May 1, 11 am, at Holy Cross Church. Lunch will be served in the church hall after Mass, and interment will follow at Hatley Memorial Gardens.

Livestream details or to offer condolences:  
[www.sandsvictoria.ca](http://www.sandsvictoria.ca).

Please keep Sr. Judi, her friends and family, and the Sisters of St. Ann in your prayers.

May perpetual light shine on her, and may she rest in peace. Amen.



**MARCH  
FOR LIFE  
VICTORIA  
THURSDAY  
MAY 14, 2026**

*We are full of Hope*



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"Register" and follow the instructions. District name: Island Catholic Schools. Select: 'St. Andrew's School.'

After receiving the confirmation email, login and add your school age children to your household account. \* Community Members, skip this step "I don't want to add a student".

## Fr. Ian Stuart

Funeral Mass, 1 pm on Friday, May 8  
St. Patrick's Church, Haultain Street.

Please pray for the repose of the soul of Fr. Ian Stuart who passed away on Thursday, April 9 at Mount St. Mary Hospital. Fr. Ian was 74 years old. Born in Winnipeg, Fr. Ian moved to Victoria and attended St. Patrick's Elementary and St. Louis College. In 1987, he was ordained to a priest in the Archdiocese of Vancouver. After many years of ministry, he moved back to Victoria in 2014 and served in parishes and as hospital chaplain.

May perpetual light shine upon him. May he rest in peace.

## Pastor, Fr. Shijo George

[sgeorge@rcdvictoria.org](mailto:sgeorge@rcdvictoria.org)

## Korean, Fr. Marco Park

[dkpark@rcdvictoria.org](mailto:dkpark@rcdvictoria.org)

## Syro-Malabar, Fr. Shijo George

[sgeorge@rcdvictoria.org](mailto:sgeorge@rcdvictoria.org)

## Vietnamese, Fr. Michael Tran

[michaeltran@rcdvictoria.org](mailto:michaeltran@rcdvictoria.org)

## Hospital Chaplain, Fr. Sean Flynn

250-889-3761

## Parish Administrative Assistant

Katherine Newton: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## Parish Liturgy Coordinator

Rafael Oei: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## RMSE Coordinator

Sindhu Merwin: [sacredheartmse@gmail.com](mailto:sacredheartmse@gmail.com)

## Religious Education/Sacramental Preparation

[sacredheartreled@rcdvictoria.org](mailto:sacredheartreled@rcdvictoria.org)

## PARISH PASTORAL COUNCIL 2025 / 2026

Edgar Tan Jr. (Chair)    Jeremy Côté    Margaret Sasges  
Merwin Thengil    Rick Perez de Tagle    Samantha Sherman

Richard Byeon    (Korean Representative)  
Sonny Huynh    (Vietnamese Representative)  
Anjali Aniyani    (Syro-Malabar Representative)

## PARISH MINISTRIES & GROUPS



Parish Office: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## LITURGICAL MINISTRIES & POSITIONS

### Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Marilyn Turner,  
Mae Tan

Floral Ministry

Karla Montano

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Lynda Tan

Miriam Podmoroff

Video Streamers

Peter Liem

Sacristan

Sylvain Leclerc

## PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L.

Belle Perez de Tagle

Prayer Line

Miriam Podmoroff

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Funeral Receptions

Marilyn Turner

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

## TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit [RCDVictoria.org/Responsible-Ministry](http://RCDVictoria.org/Responsible-Ministry) or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit [BishopReportingSystem.ca](http://BishopReportingSystem.ca) or call 1-866-892-3737

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