



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

*** Pentecost Sunday | 24 May 2026 ***



Congratulations

to all who received

The Sacrament of Confirmation

*Lauren, Bella, Zhea, Kaelyn, Gabby, Kurt, Angelo,
Jacob, Alden, Angel, Izack, Colin, Sedrick, Logan,
Jeorgina, Zion, Audrei, Kaiden, and Ava.*

Vietnamese Community

Lan Anh, Anh Tu, Khanh Tu, Charlotte, and Stephanie.

We thank Bishop Gary Gordon

for administering the Sacrament, and celebrating Pentecost with us.

Finally, brothers and sisters, fill your minds with everything that is true, noble, good and pure, everything that we love and honor, and everything that can be thought virtuous or worthy of praise...then the God of peace will be with you. (Philippians 4:8)

The Power of Pure

by Jean Allen



This text is not in the readings for Pentecost but, if one is preparing one's heart for the presence of the Holy Spirit, it is a critical text. We often go to Mass on Pentecost Sunday determined to allow the Spirit to take up a deeper residence in our hearts but come Monday, not a lot has changed. Same old, same old and, indeed, it's so easy to forget Pentecost and the Holy Spirit in the midst of all the other tasks, worries and plans that assail us on Monday morning.

However, if there is a deep desire for a renewed presence of the Holy Spirit in your life, then those words above are the first thing to look at and contemplate. You see, it's not that the Holy Spirit isn't with us always and everywhere but when our minds are focussed first on the false, the ignoble, the things in our lives and in society that we deem bad and tainted and we keep turning to chew on the deeds of unvirtuous people or leaders (political or otherwise) and the situations that we cannot praise or condone, we are creating an environment inside ourselves where the Holy Spirit is not welcome. The Holy Spirit does not intrude upon us if he is not welcome and when we are mulling on the negative all the time, we are basically indicating that the Holy Spirit is pretty much a non-entity in our lives – a presence that is not really welcome or thought of as having anything to offer.

Paul tells us to 'fill our minds' with goodness. For some of us, that means a whole change of mental priorities and that's difficult because, for some odd reason, we feel like when we focus on and label the negative, we are more in control – and how we love to be in control. If you don't believe me, believe Paul. He knew the dynamism of the Spirit within a yielded heart that is filled with thoughts and perspectives of the lovely goodness of God.

It is then that the God of peace – and the Holy Spirit of power – will be with you.



Join us to celebrate the
**Feast of the Blessed Virgin Mary,
Mother of the Church**

Monday, May 25

6:00 pm: Rosary | 6:30 pm: Mass

LITURGICAL YEAR A

Saturday:

English Mass (anticipated Mass) 4:00 pm

Sunday:

English Mass 9:00 am

Syro-Malabar 11:00 am

Korean 3:00 pm

Vietnamese (Please contact the Parish Office) 5:30 pm

Weekday Masses

English Masses

Monday May 25: Mary, Mother of the Church 6:30 pm

Tuesday May 26: St. Philip Neri 11:00 am

Wednesday 11:00 am

Thursday 11:00 am

Friday 11:00 am

Exposition 11:30 am

Benediction 1:30 pm

Korean Masses

Wednesday 7:30 pm

Thursday 10:00 am

RECONCILIATION

Tuesday to Friday 10:30 am

Saturday 3:15 am

Sunday 8:15 am

Parish Office Hours

**Tuesday, Wednesday & Friday
9:30 am to 3:00 pm**

Closed on Mondays, Saturdays, and Sundays

If you would like to register or volunteer for a ministry, please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:

E. sacredheart@rcdvictoria.org

P. 250-479-1611



[Sacred Heart Parish Website >](#)

Celebrate the end of the

**Month of the
Rosary**

**Trinity Sunday
May 31st**

8:35 am: Rosary

9:00 am: Mass

Mass will end with Exposition & Benediction followed by the usual Sunday coffee / tea.

You are invited to bring-your-own picnic to enjoy in the courtyard.





Please Pray For

Those who have died:

Stephanie Acheson, Santos Follero, Ireneo Leonardo, and Irene Taratuta

Those who are ill:

Irene Anna, Jon A, Jacobus B, Patrick C, Irene C, Patricia C, Cora C, Lesley D, Robert H, Derek L, Lisa L, Ed O, Fiona M, Davide R, Valerie S, Norma Thompson, Ornella T, and Dan W.



Eternal Rest Grant Unto Santos Follero (12 May 2026)

O Lord, and let Perpetual Light Shine Upon him. May his soul rest in peace. Amen.

***Funeral Mass, 11 am, Tuesday, June 2nd
A lunch reception will follow. All are welcome to attend and celebrate Santos' life and legacy.***



Moms & Tots

9:30 am, Monday, 25 May, Parish Hall

Come for the company and faith-sharing. Parents and caregivers are welcome.

Please contact Genevieve Vuksic: momstots.shvic@gmail.com



Join us to Pray the Rosary

25 minutes before each Mass

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

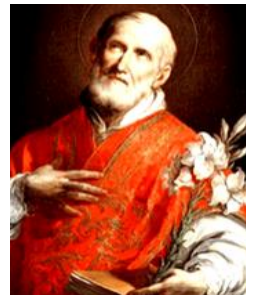
Thank you.



St. Philip Neri

May 26

Patron of Rome, US Special Forces, humor, and joy.



St. Philip Neri was a Christian missionary and founder of the Congregation of the Oratory. Born in Florence on July 21, 1515, Philip was affectionately referred to as "good little Phil."

At 18-years-old, Philip went off to live with a wealthy family member in San Germano, to assist, and possibly inherit the family business. However, soon after his arrival, Philip experienced an encounter with the Lord that dramatically changed his life. He lost interest in owning property or business, feeling a call from the Holy Spirit to radically live for and serve the Lord and His Church. So, Philip set out for Rome.

In 1535, Philip studied theology and philosophy at the Sapienza and at St. Augustine's monastery, but after three years of studies, he gave up any thought of ordination. He set out to help the poor people of Rome and to re-evangelize the city. Philip had a knack for starting up conversations, easily catching others' attention with his warm personality and incredible sense of humor. He encouraged groups of people to gather for discussions, studies, prayer and the enjoyment of music, always asking: "Well, brothers, when shall we begin to do good?" Philip led his followers to hospitals to wait on the sick, or to the Church to pray and to encounter Jesus Christ.

In 1544, on the eve of Pentecost, Philip saw a globe of fire that entered his mouth. Philip felt his heart dilate, causing him to scream: "Enough, enough, Lord, I can bear no more." In 1548, with help from his Confessor, Fr. Persiano Rossa, Philip founded the "Confraternity of the Most Holy Trinity". Philip's appealing nature won him friends from all societal levels, including that of St. Ignatius of Loyola, Pius V and Charles Borromeo.

At 34-years-old, Philip had accomplished so much. His confessor was determined that his work would be more effective as a priest. Finally, Philip was ordained to the priesthood on May 23, 1551. Philip and the priests helping him were soon called the "Oratorians" because they would ring a bell to call the faithful in their "oratory." The foundation of the Congregation of the Priests of the Oratory was laid a few years later. Philip's rule for them was simple; share a common table and to perform spiritual exercises. Philip didn't want his followers to bind themselves to the life with a vow and he did not want them to denounce their property. Philip's organization was officially approved by Pope Gregory XIII in 1575.

Philip was constantly in a crowd of people; allowing his followers free access to him. In the words of one of his biographers, Philip was "all things to all men.... When he was called upon to be merry, he was so; if there was a demand upon his sympathy, he was equally ready..." His efforts to reach out to the lay people of Rome made him one of the great figures in the Counter Reformation of the Catholic Church. He soon earned the title, "Apostle of Rome."

On the Feast of Corpus Christi, May 25, 1595, Philip was told by his physician that he was not healthy. Realizing his time had come, the rest of the day was spent listening to confessions and receiving visitors as normal. Before heading off to bed, Philip stated, "Last of all, we must die." Around midnight on May 26, 1595, Philip suffered from a hemorrhage and passed away at 80-years-old. St. Philip Neri was beatified by Pope Paul V on May 11, 1615 and canonized by Pope Gregory XV on March 12, 1622.

[Online accessed, May 20, 2026: https://www.catholic.org/saints/saint.php?saint_id=97]

Thank you for your contributions!

May 16 & 17, 2026

Envelopes \$ 1,565.00

Cash \$ 515.00

Total \$ 2,080.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



Celebrate the Solemnity of the Sacred Heart of Jesus

Friday, 12 June

5:30 pm Procession

6:00 pm Mass

Followed by a barbeque by the Knights of Columbus
Entertainment: Victoria Concert Band



“Grief to Grace”

22 to 27 September 2026
Kelowna.

Registration deadline: June 15

This program is rooted in the Catholic Faith, and is an integrated healing process using trauma-informed care. It helps those who

have endured abuse to find healing for neglect, abandonment, physical, emotional, sexual, clerical, and spiritual abuse, whether in childhood, adolescence, or as an adult.

For more information visit: www.griegtograccanada.org
or please email: griegtogracckelowna@gmail.com

To make a confidential call to 250-808-6403.



Society of St. Vincent de Paul

Today, on Pentecost, Jesus says to his disciples: “Peace be with you. As the Father has sent me, so I send you.” Through your gifts, the Society has brought love and care of Jesus to over 1600 families, including close to 500 children providing food, and assistance for utility and rent bill Thank You!

To join the Society, please contact Georgina: mgvshort@telus.net or call 250-727-2615

For assistance, please call our Social Concern Office: 250-727-0007 ext 1.

To donate online, specify “Sacred Heart Parish”
https://give-can.keela.co/ssvp_donation_form
Make cheques to: “Society of St. Vincent de Paul”.



From the Diocese

Diocesan Bursaries and Awards The deadline for applications is July 15

Applications are being accepted for bursaries and awards offered by the Diocese of Victoria to outstanding students and educators. Information and application forms are available through the links:

The Jawl Bundon LLP Bursary (\$2500): for a grade 12 Catholic student who has been accepted to a post-secondary institution. Preference will be given to Indigenous students, and to students who live outside of Greater Victoria and Nanaimo.
<https://www.rcdvictoria.org/jawl-bundon-bursary>

The Char Deslippe Memorial Award (\$500): for a teacher working in Island Catholic Schools or a parish catechist serving in children, youth, or adult ministry.
<https://www.rcdvictoria.org/char-deslippe-award>

St. Andrew's High Spring Fling Concert Wed, May 27th, 7pm@Holy Cross

St. Andrew's Regional High School Music Dept. presents a fantastic evening featuring the award-winning St. Andrew's Singers, Concert Band and Jazz Band. Tickets are \$10 for adults and \$5 for students at the door. There will also be a reception with food after the concert in the Church Hall. **All are welcome!**

Our Lady of the Rosary Parish Raffle

Our Lady of the Rosary Parish is excited to announce our online 50/50 Raffle fundraiser to raise funds to support the construction of an Early Learning and Childcare centre to nurture children, support families and serve our growing community for generations.

The URL: <https://www.rafflebox.ca/raffle/oltrp>

Tickets sales end on June 30 and draw date is on July 4, 2026. You need to be in BC at time of purchase, but you don't need to be a resident. Thank you for your support. Please forward to family and friends.

BURSARIES

St. Mark's College, UBC, is accepting applications for bursaries and awards for people within the Diocese of Victoria, on a rolling basis.

1. The Blessed Marie Anne Blondin Bursary (\$1,500): for a lay woman enrolled in a program / course for ministry in the Church, e.g. religious education, liturgy, care of the sick, etc. Candidates must be able to demonstrate financial needs
2. Formation for Catholic Ministry Award (\$3,330): for a school-teacher, parish or diocesan lay leader pursuing theology to deepen their understanding of the faith, to better teach it and/or deepen ones spiritual life.

Information and application forms: <https://stmarkscollege.ca/scholarships-and-financial-aid/#GraduateScholarships>



World Youth Day Seoul 2027 Pilgrimage

“Take courage!
I have overcome the world.”
(Jn 16:33)

We are excited to begin exploring interest in forming a group from across our diocese to attend World Youth Day 2027 in Seoul, South Korea!

World Youth Day (WYD) is a powerful international gathering of young Catholics for prayer, cultural exchange, and a meaningful encounter with Christ and the universal Church alongside the Holy Father. It is a life-changing experience that deepens faith and builds lasting friendships.

At this early stage, this invitation is to gauge interest from youth, families, and leaders who may wish to participate in this pilgrimage. Preliminary travel proposals are posted on the parish bulletin board in the foyer:

- 7 nights in Seoul with roundtrip transfers
- 9 nights in Seoul with roundtrip transfers and a full-day tour

Please note:

Expressing interest at this stage is to help with planning and does not commit you to the trip. If you are interested, email Fr. Joseph Thomas who is organizing the pilgrimage: jthomas@rcdvictoria.org

On the expansion of MAiD

10:30 am, Sunday, 31 May, Holy Cross Parish Hall

Dr. Sephora Tang, a psychiatrist with The Ottawa Hospital, member of the Catholic Women's League, and a tireless advocate for the prevention of Medical Assistance in Dying (MAiD) for mental illness, will give a presentation about the professional concerns around the expansion of MAiD to include mental illness.

Dr. Tang recently gave a presentation to the Canadian Catholic Bioethics Institute on this topic.

All are welcome!

4th Annual Victoria Diocese Development & Peace-Caritas Canada Potluck Social

5:00 pm - 8:30 pm, Fri, June 5th, Sacred Heart Parish Hall

Join us for fellowship, good food, and inspiring words. Bishop Gary Gordon will speak on “Dilexi Te”, the first Apostolic Exhortation of Pope Leo XIV which focuses on Christ's love for the poor and the call for the Church to renew its commitment to those most in need. To RSVP and for information, please contact Michelle at robertson@aquinas.org

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

Religious Education/Sacramental Preparation

sacredheartreled@rcdvictoria.org

PARISH PASTORAL COUNCIL 2025 / 2026

Edgar Tan Jr. (Chair) Jeremy Côté Margaret Sasges
Merwin Thengil Rick Perez de Tagle Samantha Sherman

Richard Byeon (Korean Representative)
Sonny Huynh (Vietnamese Representative)
Anjali Aniyani (Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS



Parish Office: sacredheart@rcdvictoria.org

LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Marilyn Turner,
Mae Tan

Floral Ministry

Karla Montano

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Lynda Tan

Miriam Podmoroff

Video Streamers

Peter Liem

Sacristan

Sylvain Leclerc

PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L.

Belle Perez de Tagle

Prayer Line

Miriam Podmoroff

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Funeral Receptions

Marilyn Turner

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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