



Sacred Heart Catholic Church

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*** Sunday of the Ascension of the Lord | 17 May 2026 ***



*Have a most restful,
enjoyable, and blessed
Victoria Day
long weekend!*



The Joy of the Plan

By Jean Allen

Before Jesus ascended, what did he tell his disciples to do? He said to make disciples of all nations, baptize them and “teach them to obey everything that I have commanded you.”

From the last couple of weeks, we have explored what Jesus commanded them (and us) to do: Serve one another, love and accept one another and forgive each other. Wow! What would this world have been like if we had kept to the bare essentials of following Jesus? But, like all human beings, we made it complicated. And I think Jesus expected that.

He could have spent his last moments with them giving them all sorts of intricate instructions, explaining things to watch out for, showing them ways to circumvent all the difficulties they would face and trying to settle doubts, but he didn't. He offered them brief words which were a simple way forward but he knew. He knew things would get complex and messy. These were human beings whose ancestors had taken 10 simple commandments and developed a faith life built upon layers and layers of laws and a spirituality that revolved around blood sacrifice. He knew with whom he was entrusting the development of his Church. He knew who we were (and are) but he also knew (and knows) who is in control, no matter what kinds of messes we make. He trusted the Father, the Holy Spirit, himself and the ultimate plan. He didn't have to have everything perfect and in order before he left. He trusted the plan.

We need to trust the plan and understand that whatever we do or don't do with our willing hearts and excellent intentions, in the end, the Trinity is in control. And the Trinity, instead of micromanaging everything, is engaged in living the commandments they left for us to follow: serving in humility, loving, accepting and forgiving. Oh. And laughing. The Trinity can laugh because there are no worries in living the commandments. The commandments and the ultimate plan will win.

Did you get that? They WILL win.

LITURGICAL YEAR A

Saturday:

English Mass (anticipated Mass) 4:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar 11:00 am
Korean 3:00 pm
Vietnamese (Please contact the Parish Office) 5:30 pm

Weekday Masses

English Masses

Tuesday 11:00 am
Wednesday 11:00 am
Thursday 11:00 am
Friday 11:00 am
Exposition 11:30 am
Benediction 1:30 pm

Korean Masses

Wednesday 7:30 pm
Thursday 10:00 am

RECONCILIATION

Tuesday to Friday 10:30 am
Saturday 3:15 am
Sunday 8:15 am

Parish Office Hours

Tuesday, Wednesday & Friday
9:30 am to 3:00 pm

**The Parish Office will be closed on
Thursday, May 21.**

Staff will be away for the

Annual Diocesan Parish Support Staff Retreat

Closed on Mondays, Saturdays, and Sundays

If you would like to register or volunteer for a ministry, please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >



Celebrate the end of the Month of the Rosary Sunday, May 31

8:35 am: Rosary
9:00 am Mass

Mass will end with
Exposition & Benediction
followed by Sunday coffee / tea.
Bring-your-own picnic in the courtyard.





Please Pray For

Those who have died:
Stephanie Acheson, Nigel Brodeur,
Santos Follero, Ireneo Leonardo,
and Alice, Joe Sr & Joe Jr De Lima

Those who are ill:
Irene Anna, Jon A, Jacobus B, Patrick C, Irene C, Patricia C,
Cora C, Lesley D, Robert H, Derek L, Lisa L, Ed O, Fiona M,
Davide R, Valerie S, Norma Thompson, Ornella T, and Dan W.

Fr. Shijo's Homilies

are available on our Parish Website
<https://sacredheartvictoria.com/sacred-heart-homilies.html>



**Join us to celebrate the
Feast of the
Blessed Virgin Mary,
Mother of the Church**

Monday, May 25

**6:00 pm: Rosary
6:30 pm: Mass**



**Eternal Rest Grant Unto
Santos Follero (12 May 2026)**

**O Lord, and let Perpetual Light Shine Upon him.
May his soul rest in peace. Amen.**



**Join us to
Pray the Rosary
25 minutes
before each Mass**

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.



Society of St. Vincent de Paul

Today as we celebrate the Feast of the Ascension we are reminded that Christ's saving work on earth continues through his disciples... and now through us. Is there a family you know who needs assistance?

To join the Society, please contact Georgina: mgvshort@telus.net or call 250-727-2615

For assistance, please call our Social Concern Office: 250-727-0007 ext 1.

To donate online, specify "Sacred Heart Parish"
https://give-can.keela.co/ssvp_donation_form

Make cheques to: "Society of St. Vincent de Paul".



Recollections for men and women

Join in for 'Recollections', a time set aside to go deeper into our relationship with God. Spend some time in conversation with Him guided by meditation and an examination of conscience. A priest of Opus Dei will be available for Confession and Spiritual Direction.

For women: 6:15 p.m. to 8 p.m., Monday, May 18, St. Joseph the Worker Parish. Mass is at 5:30 p.m.

For men: 6 p.m. to 8 p.m., Tuesday, May 19 at Sacred Heart. Mass is at 5:15 p.m.



**Join us for a
Pancake Breakfast**



Next Sunday, 24th May

**after the 9 am Pentecost and Confirmation Mass,
hosted by the Knights of Columbus**

Donations at the door will be greatly appreciated.



KAIROS Blanket Exercise

9:30 am to 12 pm, Saturday, May 23

In the spirit of Truth and Reconciliation, the CWL of Sacred Heart Parish is pleased to offer the KAIROS Blanket Exercise in the Sacred Heart Parish Hall on Saturday, May 23 from 9:30 am.

Guided by trained facilitators, the blanket exercise is an interactive, experiential activity that walks you through 500 years of historic and current relationships between indigenous and non-indigenous peoples in Canada.

There will be a debriefing after the break conducted as a "Talking Circle". For clarification or to register, please contact Margie Noonan at margielnoonan@gmail.com or 250-589-6313.

Thank you for your contributions!

April 25 & 26, 2026

Envelopes \$ 2,014.80

Cash \$ 337.00

Total \$ 2,629.90

April 2026

(correction from last week)

E-transfers \$ 410.00

PAD \$ 5,990.00

Canada Helps \$ 902.58

Building Fund \$ 520.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



Please pray for the candidates of
The Sacrament of Confirmation
 9 am Mass, Sunday, 24 May 2026

We thank Bishop Gary Gordon for administering the Sacrament.

*Lauren, Bella, Zhea, Kaelyn, Gabby, Kurt, Angelo, Jacob, Alden,
 Angel, Izack, Colin, Sedrick, Logan, Jeorgina, Zion, Andrei, Kaiden, and Ava.*

Vietnamese Community

*Lan Anh, Anh Tu, Khanh Tu, Charlotte,
 and Stephanie* (who will also receive First Holy Communion).



From the Diocese



**CCCB Letter to
 the Holy Father
 on the First Anniversary
 of His Pontificate**

The CCCB President sent a letter to His Holiness, Pope Leo XIV, on the first anniversary of his pontificate, conveying heartfelt greetings of the Bishops of Canada, and the assurance of their prayers and unwavering solidarity of the Church in Canada as the Holy Father carries out his Petrine ministry in the service of the Universal Church.

Read the letter here:

<https://www.cccb.ca/wp-content/uploads/2026/05/2026-05-08-Letter-from-CCCB-President-to-Pope-Leo-XIV-First-Anniversary.pdf>



**World Youth Day
 Seoul 2027
 Pilgrimage**

**“Take courage!
 I have overcome the world.”
 (Jn 16:33)**

We are excited to begin exploring interest in forming a group from across our diocese to attend World Youth Day 2027 in Seoul, South Korea!

World Youth Day (WYD) is a powerful international gathering of young Catholics for prayer, cultural exchange, and a meaningful encounter with Christ and the universal Church alongside the Holy Father. It is a life-changing experience that deepens faith and builds lasting friendships.

At this early stage, this invitation is to gauge interest from youth, families, and leaders who may wish to participate in this pilgrimage. Preliminary travel proposals are posted on the parish bulletin board in the foyer:

- 7 nights in Seoul with roundtrip transfers
- 9 nights in Seoul with roundtrip transfers and a full-day tour

Please note:

Expressing interest at this stage is to help with planning and does not commit you to the trip. If you are interested, email Fr. Joseph Thomas who is organizing the pilgrimage: jthomas@rcdvictoria.org

St. Andrew's High Spring Fling Concert
 Wed, May 27th, 7pm@Holy Cross

St. Andrew's Regional High School Music Dept. presents a fantastic evening featuring the award-winning St. Andrew's Singers, Concert Band and Jazz Band. Tickets are \$10 for adults and \$5 for students at the door. There will also be a reception with food after the concert in the Church Hall. **All are welcome!**

Our Lady of the Rosary Parish Raffle

Our Lady of the Rosary Parish is excited to announce our online 50/50 Raffle fundraiser to raise funds to support the construction of an Early Learning and Childcare centre to nurture children, support families and serve our growing community for generations.

The URL: <https://www.rafflebox.ca/raffle/oltrp>

Tickets sales end on June 30 and draw date is on July 4, 2026. You need to be in BC at time of purchase, but you don't need to be a resident. Thank you for your support. Please forward to family and friends.

BURSARIES

St. Mark's College, UBC, is accepting applications for bursaries and awards for people within the Diocese of Victoria, on a rolling basis.

1. The Blessed Marie Anne Blondin Bursary (\$1,500): for a lay woman enrolled in a program / course for ministry in the Church, e.g. religious education, liturgy, care of the sick, etc. Candidates must be able to demonstrate financial needs
2. Formation for Catholic Ministry Award (\$3,330): for a school-teacher, parish or diocesan lay leader pursuing theology to deepen their understanding of the faith, to better teach it and/or deepen ones spiritual life.

Information and application forms: <https://stmarkscollege.ca/scholarships-and-financial-aid/#GraduateScholarships>

On the expansion of MAiD

10:30 am, Sunday, 31 May, Holy Cross Parish Hall

Dr. Sephora Tang, a psychiatrist with The Ottawa Hospital, member of the Catholic Women's League, and a tireless advocate for the prevention of Medical Assistance in Dying (MAiD) for mental illness, will give a presentation about the professional concerns around the expansion of MAiD to include mental illness.

Dr. Tang recently gave a presentation to the Canadian Catholic Bioethics Institute on this topic.

All are welcome!

**4th Annual Victoria Diocese Development
 & Peace-Caritas Canada Potluck Social**
 5:00 pm - 8:30 pm, Fri, June 5th, Sacred Heart Parish Hall

Join us for fellowship, good food, and inspiring words. Bishop Gary Gordon will speak on "Dilexi Te", the first Apostolic Exhortation of Pope Leo XIV which focuses on Christ's love for the poor and the call for the Church to renew its commitment to those most in need. To RSVP or for any questions please contact Michelle at robertson@aquinas.org

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

Religious Education/Sacramental Preparation

sacredheartreled@rcdvictoria.org

PARISH PASTORAL COUNCIL 2025 / 2026

Edgar Tan Jr. (Chair) Jeremy Côté Margaret Sasges
Merwin Thengil Rick Perez de Tagle Samantha Sherman

Richard Byeon (Korean Representative)
Sonny Huynh (Vietnamese Representative)
Anjali Aniyani (Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS



Parish Office: sacredheart@rcdvictoria.org

LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Marilyn Turner,
Mae Tan

Floral Ministry

Karla Montano

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Lynda Tan

Miriam Podmoroff

Video Streamers

Peter Liem

Sacristan

Sylvain Leclerc

PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L.

Belle Perez de Tagle

Prayer Line

Miriam Podmoroff

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Funeral Receptions

Marilyn Turner

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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