



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

*** Sixth Sunday of Easter | 10 May 2026 ***



Have a most blessed and meaningful
Mothers' Day



LITURGICAL YEAR A

Saturday:

English Mass (anticipated Mass) 4:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar 11:00 am
Korean 3:00 pm
Vietnamese (Please contact the Parish Office) 5:30 pm

Weekday Masses

English Masses

Tuesday
Wednesday
Thursday
Friday
There are no regular 11 am weekday Masses this week.
Fr. Shijo will be away attending the Syro-Malabar Diocese's Study Days

Korean Masses

Wednesday 7:30 pm
Thursday 10:00 am

RECONCILIATION

Tuesday to Friday (No Confessions: Fr. Shijo is away)
Saturday 3:15 am
Sunday 8:15 am



Grateful thanks to

Mateo Tan (Sat. May 2) and

Georgina Evans (Sun. May 3)

for crowning the statue of Our Blessed Mother in honour of the Month of Our Lady and the Rosary.

Thank you, also, Karla Montano, for decorating the crown.

[Photos: Lynda Tan & Rafael Oei]



The Promise

by Jean Allen

"If you love me, you will keep my commandments."

Last week, I wrote of the works Jesus calls us to do: love, acceptance and forgiveness, which, funnily enough, can also be called commandments. But Jesus

understood that our hearts are frail, so, he promised his followers to send the Holy Spirit, or as he is often called, the Forgotten Paraclete. Why forgotten? Because in our assiduous attempts to be fruitful in the ways Jesus calls us to be fruitful, we forget that the Holy Spirit is not just an amorphous third member of the Trinity or someone invoked when we do the sign of the cross. The Holy Spirit comes to help us in our weakness; we are not expected to do it all by ourselves.

However, except for once a year at Pentecost, we tend to forget this powerful and loving member of the Trinity who yearns to guide us and is completely willing to come to our aid and bless us with the gifts we need to be on point followers of Christ.

The death and resurrection of Jesus were, indeed, the most universally significant events in Christianity but Jesus sending the Holy Spirit to give power to his followers is almost equally as earth shattering. We truly do not realize what we have been gifted with. Without the Holy Spirit, Christianity would have failed in a generation. We humans just don't have the capacity to walk in the way of the Lord.

Here's a prayer that many of you will be familiar with. It is one that is worth memorizing, if only to keep our heads attuned to the presence of the Spirit:

*Come, Holy Spirit, and fill the hearts of the Faithful.
Enkindle in us the fire of your love. Send forth your Spirit
and we shall be created, and you shall renew the face of the earth.
Oh God, who, by the light of the Holy Spirit, did instruct the hearts
of the faithful, grant that by the same Holy Spirit we may be truly wise
and ever enjoy his consolation.
Through Christ, our Lord, Amen!*

Parish Office Hours

Temporary hours from April 21 to May 15
Tuesdays to Fridays
10:00 am to 2:00 pm

Closed on Mondays, Saturdays, and Sundays

If you would like to register or volunteer for a ministry, please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >



Celebrate the end of the

Month of the Rosary

Sunday, May 31,
9 am Mass

Mass will end with Exposition, Rosary & Benediction followed by the usual Sunday coffee / tea.
Bring-your-own picnic in the courtyard.





Please Pray For

Those who have died:

Stephanie Acheson, Kris Balanda, Nigel Brodeur, Daniel De Grammont, Ireneo Leonardo, Alice, Joe Sr & Joe Jr De Lima, Lawrence Laliberte, and Sixto Pongos.

Those who are ill:

Irene Anna, Jon A, Jacobus B, Patrick C, Irene C, Patricia C, Cora C, Lesley D, Robert H, Derek L, Lisa L, Ed O, Fiona M, Davide R, Valerie S, Norma Thompson, Ornella T, and Dan W.



Eternal Rest Grant Unto

Nigel Brodeur

 (30 March 2026)

Funeral Mass, 11 a.m., Tuesday, 12 May 2026

O Lord, and let Perpetual Light Shine Upon him.
May his soul rest in peace. Amen.



Join us to Pray the Rosary

25 minutes
before each Mass

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.



Thank you for your contributions!

April 25 & 26, 2026

Envelopes \$ 2,014.80

Cash \$ 337.00

Total \$ 2,629.90

Building Fund \$ 20.00

April 2026

E-transfers \$ 1,670.00

PAD \$ 5,885.00

Canada Helps \$ 902.58

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

Fr. Shijo's Homilies

are available on our Parish Website
<https://sacredheartvictoria.com/sacred-heart-homilies.html>



St. Michael Prayer

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls.

Amen.



Join us to celebrate the Feast of the Blessed Virgin Mary, Mother of the Church

Monday, May 25

6:00 pm: Rosary

6:30 pm: Mass



KAIROS Blanket Exercise

9:30 am to 12 pm, Saturday, May 23

In the spirit of Truth and Reconciliation, the CWL of Sacred Heart Parish is pleased offer the KAIROS Blanket Exercise in the Sacred Heart Parish Hall on May 23.

Guided by trained facilitators, the blanket exercise is an interactive, experiential activity that walks you through 500 years of historic and current relationships between indigenous and non-indigenous peoples in Canada.

There will be a debriefing after the break conducted as a "Talking Circle". For clarification or to register, please contact Margie Noonan at margielnoonan@gmail.com or 250-589-6313.



Society of St. Vincent de Paul

Today, Jesus says: "If you love me, you will keep my commandments... Whoever loves me will be loved by my Father... I will love him and reveal myself to him." When we give, God pours his love, peace and joy into our hearts, lives, and through us into the hearts of the poor.

To join the Society, please contact Georgina: mgvshort@telus.net or call 250-727-2615

For assistance, please call our Social Concern Office: 250-727-0007 ext 1.

To donate online, specify "Sacred Heart Parish" https://give-can.keela.co/ssvp_donation_form

Make cheques to: "Society of St. Vincent de Paul".



Recollections for men and women

Join in for 'Recollections', time set aside to go deeper into our relationship with God. Spend some time in conversation with Him guided by meditation and an examination of conscience. A priest of Opus Dei will be available for Confession and Spiritual Direction.

For women: 6:15 p.m. to 8 p.m., Monday, May 18, St. Joseph the Worker Parish. Mass is at 5:30 p.m.

For men: 6 p.m. to 8 p.m., Tuesday, May 19 at Sacred Heart. Mass is at 5:15 p.m.

Thank you for attending the Parish Annual General Meeting last Saturday, May 2.

Grateful thanks, also, to the Parish Pastoral Council, and Chair, Edgar Tan for organizing the meeting, with delicious pizza and refreshments!



Dear parishioners, thank you for submitting your nominations for the Parish Pastoral Council.



We congratulate and welcome the new members of the 2026-2027 Parish Pastoral Council

Peter Martin, Rey Hermoso, and Lorraine Van Dyke
and thank outgoing members, Jeremy Côté, Samantha Sherman, and Anjali Aniyam.



We gratefully thank

Edgar Tan (Chair), Rick de Tagle, Margaret Sasges, Merwin Thengil, Sonny Huynh, and Richard Byeon for continuing to serve on the Parish Pastoral Council for the coming year.



From the Diocese

BURSARIES

St. Mark's College, UBC, is accepting applications for bursaries and awards for people within the Diocese of Victoria, on a rolling basis.

1. The Blessed Marie Anne Blondin Bursary (\$1,500): for a lay woman enrolled in a program / course for ministry in the Church, e.g. religious education, liturgy, care of the sick, etc. Candidates must be able to demonstrate financial needs
2. Formation for Catholic Ministry Award (\$3,330): for a school-teacher, parish or diocesan lay leader pursuing theology to deepen their understanding of the faith, to better teach it and/or deepen ones spiritual life.

Information and application forms: <https://stmarkscollege.ca/scholarships-and-financial-aid/#GraduateScholarships>

Our Lady of the Rosary Parish Raffle

Our Lady of the Rosary Parish is excited to announce our online 50/50 Raffle fundraiser to raise funds to support the construction of an Early Learning and Childcare centre to nurture children, support families and serve our growing community for generations.

The URL: <https://www.rafflebox.ca/raffle/oltrp>

Tickets sales end on June 30 and draw date is on July 4, 2026. You need to be in BC at time of purchase, but you don't need to be a resident. Thank you for your support. Please forward to family and friends.

St. Andrew's High Spring Fling Concert Wed, May 27th, 7pm@Holy Cross

St. Andrew's Regional High School Music Dept. presents a fantastic evening featuring the award-winning St. Andrew's Singers, Concert Band and Jazz Band. Tickets are \$10 for adults and \$5 for students at the door. There will also be a reception with food after the concert in the Church Hall. **All are welcome!**



Family and Life Week 2026 May 10 to 17

"I am with you always" (cf. Matthew 28:20)

Christ remains with us in our joys, struggles, across generations, and in all of life's experiences. You are encouraged to take time to express gratitude, and share meaningful moments with loved ones across generations.

The Canadian Conference of Catholic Bishops has prepared a number of resources for families and groups to use, see them at:

<https://www.cccb.ca/faith-moral-issues/family-and-life/national-family-and-life-week/>



MARCH FOR LIFE Thursday, May 14

12:00 pm Mass
St. Andrew's Cathedral
1:45 pm March from
Centennial Square
2:15 pm Rally at the
BC Legislature

We are full of Hope



March for Life Dinner

The Knights of Columbus are inviting you to their March for LIFE & Dinner on May 14th, after the Rally. It will be a ticketed dinner with a guest speaker.

For more information go to: m4lvictoria.ca

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherene Newton: sacredheart@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

Religious Education/Sacramental Preparation

sacredheartreled@rcdvictoria.org

PARISH PASTORAL COUNCIL 2025 / 2026

Edgar Tan Jr. (Chair) Jeremy Côté Margaret Sasges
Merwin Thengil Rick Perez de Tagle Samantha Sherman

Richard Byeon (Korean Representative)
Sonny Huynh (Vietnamese Representative)
Anjali Aniyani (Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS



Parish Office: sacredheart@rcdvictoria.org

LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Marilyn Turner,
Mae Tan

Floral Ministry

Karla Montano

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Lynda Tan

Video Streamers

Miriam Podmoroff

Sacristan

Peter Liem
Sylvain Leclerc

PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L.

Belle Perez de Tagle

Prayer Line

Miriam Podmoroff

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Funeral Receptions

Marilyn Turner

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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