



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

*** Easter Sunday | 5 April 2026 ***

**Christ the Lord is Risen!
He is Risen, indeed!
Alleluia!**



Easter Message from Fr. Shijo George Cowardice to Valour



The Resurrection of Christ is not merely a memory, it is the dawn that shattered the longest night. Jesus conquered death, broke the chains of sin, and scattered the shadows of darkness forever. St. Paul cries out in triumph in the First Epistle to the Corinthians (15:55): "Where, O death, is your victory? Where, O death, is your sting?" For death has lost its power, and life has found its everlasting voice in Christ: echoing that we are no longer people of the tomb, but children of the morning light.

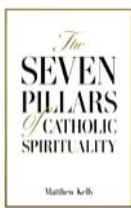
In the words of Pope John Paul II: "We are an Easter people, and Alleluia is our song." Yet, silent battles remain within us: hidden fears, quiet discouragements, unspoken wounds, and lingering shadows. At times, we feel weak and unworthy; as though courage has slipped through our hands. But the Risen Christ still walks among us, for He who rose from the grave now desires to rise within our human hearts. The Resurrection is not only Christ's victory; it is our calling to rise from the smallness of fear into the greatness of divine courage.

Our cowardice may wear many faces: fear of the future, attachment to sin, distance from God, or the quiet pain of broken relationships. None of these, however, have the final word. As St. John Paul II boldly proclaimed: "Do not be afraid. Open wide the doors to Christ." St. Teresa of Avila also gently assures us: "Let nothing disturb you, let nothing frighten you; all things are passing; God never changes."

The heavy stone has been rolled away; not only from the tomb of Christ, but from every heart willing to believe. And so, the Risen Lord stands before us; not with reproach, but with peace. Not with judgment, but with an invitation. He calls us out of fear into faith; out of darkness into light; and out of cowardice into valour.

For the night is over, the Light has come, and in Him, we are made new.

Alleluia!



An Easter Gift!

We thank an anonymous donor for their generous donation of
The Seven Pillars of Catholic Spirituality
by Matthew Kelly

It's Free! Please help yourself to a copy,
and take one for your friends.

Nine-Day Divine Mercy Novena

- Day 1 : Good Friday > after the Good Friday Service.
- Day 2 & 3 : Holy Saturday, 6:40 pm > Easter Sunday, 8:40 am.
- Day 4 to 6 : Mon Apr 6 to Wed Apr 8 > **No Masses:** Chaplet at home.
- Day 7 & 8 : Thu Apr 9 & Fri Apr 10 > at 10:40 am before Mass.
- Day 9 : Saturday, April 11 > before the 4 pm Mass at 3:40 pm.

Divine Mercy Sunday, April 12, 9 am, English Mass, Exposition, Benediction.

LITURGICAL YEAR A

Saturday:

Syro-Malabar	(Holy Saturday: April 4)	9:00 am
Polish Food Basket Blessing	(April 4)	12:00 pm
English Mass	(Easter Vigil: April 4)	7:00 pm
Korean Mass	(Easter Vigil: April 4)	9:30 pm
Syro-Malabar	(Easter Vigil: April 4)	11:59 pm

Sunday:

English Mass	(Easter Sunday: April 5)	9:00 am
Syro-Malabar	(no Holy Mass: Sun. April 5)	11:00 am
Korean	(no Holy Mass: Sun. April 5)	3:00 pm
Vietnamese	(Easter Sunday: April 5)	5:30 pm

Weekday Masses

English Masses

Tuesday	(April 7)	No Mass
Wednesday	(April 8)	No Mass
Thursday	(April 9)	11:00 am
Friday	(April 10)	11:00 am

Korean Masses

Wednesday	7:30 pm
Thursday	10:00 am

RECONCILIATION

Tuesday & Wednesday	(April 7 & 8)	None
Thursday & Friday	(April 9 & 10)	10:30 am
Sunday		8:15 am

Parish Office Hours

**Tuesdays to Fridays
9:30 am to 3:00 pm**

Closed on Mondays, Saturdays, and Sundays

Office is closed: Mon, April 6 and Tue, April 7

NO MASS: Tue, April 7 and Wed. April 8

If you would like to register or volunteer for a ministry,
please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >



**Please remember to bring
your bells to ring
during the singing of the**

**Gloria
during the
Easter Vigil,
and
Easter Sunday.**





Please Pray For

Those who have died:

James Bond, Teresa Bijold, Nigel Brodeur, Pierre Sene, Cissy Sequeira, and Norman Webb.

Those who are ill:

Irene Anna, Jon A, Jacobus B, Patrick C, Irene C, Patricia C, Cora C, Lesley D, Robert H, Derek L, Lisa L, Ed O, Fiona M, Davide R, Valerie S, Norma Thompson, Ornella T, and Dan W.

Nine-Day Divine Mercy Novena

From Good Friday, our parish will pray the Nine-Day Divine Mercy Novena, leading up to Divine Mercy Sunday on Sunday, April 12.

A "Novena" is nine days of prayer in preparation for a feast day. The Lord asked that the Chaplet be recited as a novena. He promised, "By this Novena (of Chaplets), I will grant every possible grace to souls." And so for each day, our Lord gave a different intention:

1. All mankind, especially sinners;
2. The souls of priests and religious;
3. All devout and faithful souls;
4. Those who do not believe in God and those who do not yet know Jesus;
5. The souls who have separated themselves from the Church;
6. The meek and humble souls and the souls of little children;
7. The souls who especially venerate and glorify His mercy;
8. The souls detained in purgatory;
9. The souls who have become lukewarm.

"I desire that during these nine days you bring souls to the fountain of My mercy, that they may draw there from strength and refreshment and whatever grace they have need of in the hardships of life, and especially at the hour of death" (Diary, 1209).



Eternal Rest Grant Unto

Norman Webb (6 March 2026)

Funeral Mass, 12 p.m., Thursday, 16 April 2026

Nigel Brodeur (30 March 2026)

Funeral Mass, 11 a.m., Tuesday, 12 May 2026

James Bond (31 March 2026)

Teresa Bijold (31 March 2026)

O Lord, and let Perpetual Light Shine Upon them.
May their souls rest in peace. Amen.

Donation

to the Building Fund

Cash or cheques are accepted.

Please make cheques out to "Sacred Heart Church".
Thank you.



Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvtorioria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.



Thank you for your contributions!

March 28 & 29, 2026

Envelopes \$ 2,227.00

Cash \$ 544.00

Total \$ 2,771.00

Building Fund: \$ 5,420.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

April 12, 2026, 10am; Parish Courtyard Sacred Heart Engagement Fair

Find out how YOU can contribute to the Parish Community!



- MAINTENANCE
- ALTAR SERVERS
- CATHOLIC WOMEN'S LEAGUE
- CHILDREN'S RELIGIOUS ED
- CHOIR
- CHRISTIAN MEDITATION
- CHURCH DECORATORS
- COLLECTION COUNTERS
- COUPLES FOR CHRIST
- DEVELOPMENT & PEACE
- SOCIAL JUSTICE
- EXTRA ORDINARY MINISTERS OF
- HOLY COMMUNION
- FUNERAL RECEPTION

- KNIGHTS OF COLUMBUS
- "LED BY THE SPIRIT" GROUP
- MOMS & TOTS
- PASTORAL CARE MINISTRY
- PARISH PASTORAL COUNCIL
- PRAYERLINE
- "PHONE-TREE" MINISTRY
- PROCLAIMERS
- SACRISTAN
- SOCIETY OF ST VINCENT DE PAUL
- USHERS



All volunteers are required to complete the volunteer application, the Care of Covenant, and RMSE courses. Additionally, those serving in high-risk ministries must undergo a criminal record check.



THE HOLY OILS OF THE ROMAN CATHOLIC CHURCH

The Church makes use of three Holy Oils: the Oil of the Sick, the Oil of the Catechumens, and the Holy Chrism Oil. The first two are blessed, and the bishop consecrates the third during the annual Chrism Mass. Each has a distinctive purpose in the Church.

Oil of the Sick: pure olive oil, used for the Sacrament of the Anointing of the Sick. This sacrament can be administered at any time and in any place. The priest lays hands on the sick or elderly, says special prayers and anoints the person by placing oil in the form of a cross on the forehead and hands. Through this sacrament, God gives the sick, grace and strength to bear the illness or infirmity.

Oil of the Catechumens: also pure olive oil. Adults and infants prior to baptism are anointed with the Oil of the Catechumens. At the beginning of the Rite of Christian Initiation for Adults (RCIA), each person preparing for initiation is anointed with the oil of the catechumens. In a similar way, an infant is anointed just before receiving the waters of Baptism. This anointing is to help the child ward off evil, avoid temptation and possess the faith necessary to carry the cross of Christ throughout life.

Holy Chrism Oil: This third oil is made of olive oil mixed with balsam. The oil symbolizes strength and the fragrant balsam represents the "aroma of Christ" (2 Cor 2:15). Anointing with Chrism Oil signifies the gift of the Holy Spirit and is used to consecrate someone or something to God's service. The Chrism Oil is used at the Sacrament of Baptism, Confirmation, and at the Easter Vigil when adults are Confirmed after Baptism. Holy Chrism Oil is also used during the the Sacrament of Holy Orders and the consecration of a bishop. It is also used in the consecration of a church and the blessing of an altar and the vessels used at Mass.



Grateful Thanks

to the team of
*Karla Montano Cabida & family,
Stella Lee, and Sylvain Leclerc*
for the beautiful and meaningful
Holy Week Decorations!



The Garry Oak restoration project is back!

The group meets
every 2nd and 4th Sunday of the month,
from 1 pm to 4 pm, until the end of October.



From the Diocese

Joy of Music Concert

6 pm, Tuesday, April 14
UVic Farquhar Auditorium

Island Catholic Schools warmly invite you to their annual Joy of Music Concert. This special evening showcases the talents of students from St. Patrick's, St. Joseph's, and St. Andrew's through choir, band, and musical theatre performances.

Join us for an inspiring night as our young musicians share their dedication, creativity, and passion for music; honouring the spirit of our Island Catholic Schools community.

Purchase tickets by calling the UVic Box Office:
(250) 721-8480 or online at:

<https://purchase.tickets.uvic.ca/EventAvailability?EventId=12601>

USED UNIFORMS NEEDED

St. Andrew's Regional High School will accept "USED UNIFORM" donations for their sale in May. Please drop off the donations in the marked bin by the main doors of the school.



HOSTING STUDENTS

The St. Andrew's International Student Program need host families for male students for the 2026/27 School Year starting September. Host families receive \$1,350 per month to cover costs.

Please contact Nina Timm at:
homestay@cisdv.bc.ca / 403-771-2519

Easter Message from Bishop Gary Gordon

The message may be read online at
<https://www.rcdvictoria.org/news/bishop-gary-gordons-message-for-easter-2026>



The Sacrament of Marriage

The Diocese of Victoria is offering a two-day marriage preparation course on Zoom: April 17, 7 pm to 10 pm and April 18, 9 am to 4 pm. A Certificate of Completion will be issued upon completion of both sessions.

Please register by April 2.

Bp Thomas J. Lobsinger, OMI Memorial Bursary

Applications accepted until Jun 30, 2026

Requests for application should be addressed to:
Jim Williams, State Bursary Chairman
2195 Neptune Road, North Saanich, BC, V8L 5J4
Or email: jimw.kofc@gmail.com

Terms: https://foundation.kofcbc.org/bursary/#elf_l1_Lw



Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherene Newton: sacredheart@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

Religious Education/Sacramental Preparation

sacredheartreled@rcdvictoria.org

PARISH PASTORAL COUNCIL 2025 / 2026

Edgar Tan Jr. (Chair) Jeremy Côté Margaret Sasges
Merwin Thengil Rick Perez de Tagle Samantha Sherman

Richard Byeon (Korean Representative)
Sonny Huynh (Vietnamese Representative)
Anjali Aniyani (Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS



Parish Office: sacredheart@rcdvictoria.org

LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Marilyn Turner,
Mae Tan

Floral Ministry

Karla Montano

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Lynda Tan

Miriam Podmoroff

Video Streamers

Peter Liem

Sacristan

Sylvain Leclerc

PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L.

Belle Perez de Tagle

Prayer Line

Miriam Podmoroff

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Funeral Receptions

Marilyn Turner

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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Victoria BC, 2026

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