



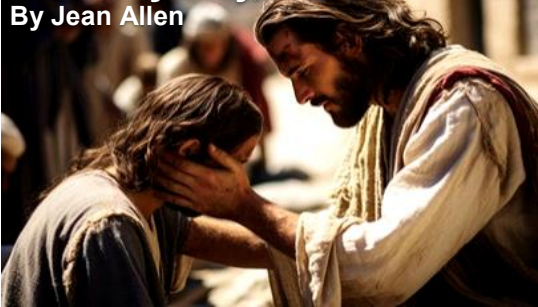
Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
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*** Fifth Sunday of Easter | 3 May 2026 ***

The Only Way, Truth and Life

By Jean Allen



The Gospel this week takes place immediately after the Last Supper. At the end of this text, Jesus says, *“Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father.”* What works was Jesus talking about?

Loving his disciples and becoming a servant to wash their feet.

You see, for Jesus, the miracles he performed, like raising people from the dead, making the blind to see and the lame to walk, were simply signs to the people of ‘God with us’ but the works that he did, the works that really signified who he was and what was in the heart of the Father, were the ways he loved his disciples and all the people he met along the way. His works were the amazing instances complete acceptance, of total forgiveness and of the compassionate love he poured out as well as having absolute faith in his Father. These are the works we are called to do that should be equal to or greater than what Jesus did. He was so sure that his disciples – and we – would continue to do what he had exemplified in his lifetime.

Our Christian walk should not be complicated, just filled with rules and rituals. These things can be helpful but they should not be mistaken for the works we are called to do. We can attend Mass daily and be diligent in our prayers but still hold a ‘justified’ grudge against someone or something. We can serve on committees and be active in a ministry but allow our hearts to continually focus on the negative while feeling that our negativity is simply right judgement. Jesus was surrounded by negative circumstances and had many opportunities to hold a grudge, but he didn’t focus on the negative or nurse grudges. He accomplished his works of trusting in God, loving his people and making forgiveness his Way, his Truth and his Life.

Can we do any less?



Congratulations, Fr. Shijo!

... on your appointed as the Bishop’s Delegate and Chaplain of St. Andrew’s Regional High School effective August 15, 2026, in addition to your roles as Pastor of the Syro-Malabar community of the Diocese of Victoria, and Pastor of Sacred Heart Parish.



Join us to Pray the Rosary
25 minutes before each Mass

We will pray the St. Michael Prayer at the end of Mass.

Saint Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.



LITURGICAL YEAR A

Saturday:

English Mass (anticipated Mass) 4:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar 11:00 am
Korean 3:00 pm
Vietnamese (Please contact the Parish Office) 5:30 pm

Weekday Masses

English Masses

Tuesday 11:00 am
Wednesday (May 6: St. Francois de Laval) 11:00 am
Thursday 11:00 am
Friday 11:00 am
Exposition 11:30 am
Benediction 1:30 pm

Korean Masses

Wednesday 7:30 pm
Thursday 10:00 am

RECONCILIATION

Tuesday to Friday 10:30 am
Saturday 3:15 am
Sunday 8:15 am

Parish Office Hours

Temporary hours from April 21 to May 15
Tuesdays to Fridays
10:00 am to 2:00 pm

Closed on Mondays, Saturdays, and Sundays

If you would like to register or volunteer for a ministry, please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >



Celebrate the end of the

Month of the Rosary

Sunday, May 31, 9 am Mass

Mass will end with Exposition, Rosary & Benediction followed by the usual Sunday coffee / tea. Bring-your-own picnic in the courtyard.





Please Pray For

Those who have died:

Stephanie Acheson, Kris Balanda, Nigel Brodeur, Daniel De Grammont, Fritz & Adi Ketzmerick, Lawrence Laliberte, and Sixto Pongos.

Those who are ill:

Irene Anna, Jon A, Jacobus B, Patrick C, Irene C, Patricia C, Cora C, Lesley D, Robert H, Derek L, Lisa L, Ed O, Fiona M, Davide R, Valerie S, Norma Thompson, Ornella T, and Dan W.



Eternal Rest Grant Unto

Nigel Brodeur (30 March 2026)

Funeral Mass, 11 a.m., Tuesday, 12 May 2026

***O Lord, and let Perpetual Light Shine Upon him.
May his soul rest in peace. Amen.***



KAIROS Blanket Exercise

9:30 am to 12 pm, Saturday, May 23

In the spirit of Truth and Reconciliation, the CWL of Sacred Heart Parish is pleased offer the KAIROS Blanket Exercise in the Sacred Heart Parish Hall on May 23.

Guided by trained facilitators, the blanket exercise is an interactive, experiential activity that walks you through 500 years of historic and current relationships between indigenous and non-indigenous peoples in Canada.

There will be a debriefing after the break conducted as a "Talking Circle". For clarification or to register, please contact Margie Noonan at margielnoonan@gmail.com or 250-589-6313.

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.



Thank you for your contributions!

April 25 & 26, 2026

Envelopes \$ 2,297.00

Cash \$ 332.90

Total \$ 2,629.90

Building Fund \$ 50.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



ST. FRANÇOIS DE LAVAL

May 6

François de Laval was born on April 30, 1623 in Montigny-sur-Avre, the Diocese of Chartres, France. He studied with the Jesuits at La Flèche College, where his interest for the missions in Canada blossomed. He was ordained a priest in 1647. He strove for spiritual perfection, caring for the sick and overseeing the education of abandoned children. Named archdeacon of the diocese of Évreux, he visited over 150 parishes, reforming them according to the spirit of the Council of Trent.

In 1653, he departed for Caen and lived at the hermitage of Jean de Bernières, one of the great mystics of his time. He oversaw the reform of a monastery and affairs of a community of Hospitallers (a female religious congregation founded in La Flèche, France in 1636). On June 3, 1658, François de Laval was named Apostolic Vicar to Canada. He was consecrated a Bishop in secret in Paris on December 8 and arrived in Québec on June 16, 1659. Taking charge of the colony which numbered only 5 parishes and less than 2,500 inhabitants. He faced challenges with the governors: quarrels over precedence, and his opposition to the trafficking of eau de vie among Indigenous Peoples; a source of revenue for the colony, apart from murder, rape, and other acts of violence.

In 1663, Bishop de Laval founded the Major Seminary of Québec, destined to be the heart of the Church of Canada. In 1668, Bishop de Laval founded a minor seminary and, later, an arts and trades school. Named Bishop of Québec by Louis XIV in 1663, de Laval received endorsement in this function by Rome in 1674. Bishop de Laval dedicated significant sums of money to help the poor and to educate children and administered the Sacrament of Confirmation to colonial settlers and local Indigenous population. During his 25 years in New France, the number of parishes went from 5 to 15; priests, from 25 to 102; and the number of women religious from 32 to 97. 13 of these priests and 50 women religious were natives of the diocese of Québec.

Returning to Québec in 1688, Bishop de Laval retired at the Seminary. While exercising his functions on May 6, 1708 Bishop de Laval passed away. On June 22, 1980, he was proclaimed Blessed by John Paul II and was canonized by a decree of Pope Francis on April 3, 2014.

[<https://www.cccb.ca/the-catholic-church-in-canada/saints-blesseds-canada/canadian-saints/st-marie-incarnation-1599-1672-2/>]



Society of St. Vincent de Paul

In the Gospel, Jesus says "...whoever believes in me will do the works that I do, and will do greater ones than these, because I am going to the Father. Through your almsgiving you make bring Christ's love and compassion to the poor.

To join the Society, please contact Georgina: mgvshort@telus.net or call 250-727-2615

For assistance, please call our Social Concern Office: 250-727-0007 ext 1.

To donate online, specify "Sacred Heart Parish"

https://give-can.keela.co/ssvp_donation_form

Make cheques to: "Society of St. Vincent de Paul".

Recollections for men and women



Join in for 'Recollections', time set aside to go deeper into our relationship with God. Spend some time in conversation with Him guided by meditation and an examination of conscience. A priest of Opus Dei will be available for Confession and Spiritual Direction.

For women: 6:15 p.m. to 8 p.m., Monday, May 18, St. Joseph the Worker Parish. Mass is at 5:30 p.m.

For men: 6 p.m. to 8 p.m., Tuesday, May 19 at Sacred Heart. Mass is at 5:15 p.m.

Sacred Heart's Development and Peace Caritas Social Justice Group thanks you for generously supporting our "On Track for Justice" Share Lent Campaign. With your help, we raised **\$2,085**, that will support our partners in the Global South make a meaningful difference in their communities.



Thank you, Peter
for mounting the
**Mass Schedule at the
entrance of the church.**



From the Diocese



12th Annual Diocese of Victoria Family Camp and Conference

"Grafted to Christ"

Register for the 12th Annual Diocese of Victoria Family Camp and Conference.

Families are invited to gather for a fun, faith-filled weekend of fellowship, play, and prayer; August 20 to 23 at beautiful Nanoose Bay Camp.

Guest Speakers: Angela and Shawn Veters.



Details are at:

<https://12thAnnualVictoriaDioceseFamilyCampandConference.eventbrite.ca>

Conversations in the Spirit (Online Session)

Sat, May 9, from 10:30am-Noon



All are invited to take part in this online synodal session. These sessions are part of the Diocese of Victoria's journey of becoming a more deeply listening Church. This safe, respectful, and non-judgmental session will be exploring questions about how to bring the Good News to our communities.

Here is what a participant had to say about their experience: "I feel like I belong. Brings me to my heart in a group/social setting. Love this, even if it is hard – it is such a true practice, allowing grace and spirit in." To join the session, please use the following Zoom link:

<https://us02web.zoom.us/j/81881926381?pwd=K8hfytrbBlv18YHYjbla0Tmotzcub.1>

Meeting ID: 818 8192 6381

Passcode: 921735

St. Andrew's Regional High School presents

May 7, 8: 7pm
May 9: 2pm & 7pm

Annie JR.

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"Register" and follow the instructions. District name: Island Catholic Schools. Select: 'St. Andrew's School.'



Family and Life Week 2026 May 10 to 17

"I am with you always" (cf. Matthew 28:20)

Christ remains with us in our joys, struggles, across generations, and in all of life's experiences. You are encouraged to take time to express gratitude, and share meaningful moments with loved ones across generations.

The Canadian Conference of Catholic Bishops has prepared a number of resources for families and groups to use, see them at:

<https://www.cccb.ca/faith-moral-issues/family-and-life/national-family-and-life-week/>

Our Lady of the Rosary Parish Raffle

Our Lady of the Rosary Parish is excited to announce our online 50/50 Raffle fundraiser through Rafflebox. We are raising funds to support the construction of the Early Learning and Childcare centre that will nurture children, support families and serve our growing community for generations. Here is the URL:

<https://www.rafflebox.ca/raffle/oltrp>

Please note the raffle does not open until May 8, 2026.

Tickets sales end on June 30 and draw date is on July 4, 2026. You need to be in BC at time of purchase, but you don't need to be a resident. Thank you for your support. Please forward to family and friends.

MARCH FOR LIFE
Thursday, May 14
12:00 pm Mass
St. Andrew's Cathedral
1:45 pm March from
Centennial Square
2:15 pm Rally at the
BC Legislature

We are full of Hope

Fr. Ian Stuart

**Funeral Mass, 1 pm on Friday, May 8
St. Patrick's Church, Haultain Street.**

Please pray for the repose of the soul of Fr. Ian Stuart who passed away on Thursday, April 9 at Mount St. Mary Hospital. Fr. Ian was 74 years old. Born in Winnipeg, Fr. Ian moved to Victoria and attended St. Patrick's Elementary and St. Louis College. In 1987, he was ordained to a priest in the Archdiocese of Vancouver. After many years of ministry, he moved back to Victoria in 2014 and served in parishes and as hospital chaplain.

May perpetual light shine upon him. May he rest in peace.

Peter Hobbs

Please pray for the repose of the soul of Peter Hobbs, who passed away peacefully on April 16, 2026 at the age of 91.

Peter began his career in education as a physical education teacher in England. He served as teacher, vice-principal, principal and district program co-ordinator in various jurisdictions in Alberta, B.C. and the Northwest Territories. His role as the Superintendent of Island Catholic Schools was the peak of a lifetime of involvement with Catholic education. The Funeral Mass for Peter was on April 30 at St. Andrews Cathedral.

May perpetual light shine upon him. May he rest in peace. Amen.

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherene Newton: sacredheart@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

Religious Education/Sacramental Preparation

sacredheartreled@rcdvictoria.org

PARISH PASTORAL COUNCIL 2025 / 2026

Edgar Tan Jr. (Chair) Jeremy Côté Margaret Sasges
Merwin Thengil Rick Perez de Tagle Samantha Sherman

Richard Byeon (Korean Representative)
Sonny Huynh (Vietnamese Representative)
Anjali Aniyani (Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS



Parish Office: sacredheart@rcdvictoria.org

LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Marilyn Turner,
Mae Tan

Floral Ministry

Karla Montano

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Lynda Tan

Video Streamers

Miriam Podmoroff

Sacristan

Peter Liem
Sylvain Leclerc

PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L.

Belle Perez de Tagle

Prayer Line

Miriam Podmoroff

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Funeral Receptions

Marilyn Turner

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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