



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com



*** 18th Sunday in Ordinary Time | 2 August 2026 ***

*Have a most blessed,
relaxing, and enjoyable
British Columbia Day
Long Weekend*

The Poverty of Hope and Desire

By Jean Allen



had their own grief and needs. Jesus didn't turn around and yell, "Can't you people just leave me alone for a while?" He didn't avoid, run or hide. He saw the crowds and he had compassion. He put their needs ahead of his own.

When you go to pray to Jesus, try to bring the above scenario to mind. You are not praying to a God who puts his needs ahead of yours. He doesn't need you to be perfect; he doesn't need you to be right, whether it's having the right words or the right theology or the right actions. He doesn't need you to be clean and holy. The crowds that Jesus saw before him were a motley crew and they had none of the 'right' ways of approaching him. All they had was hope and desire.

Jesus cannot resist the poverty of people who only have hope and desire to offer. He couldn't resist it then and he can't resist it now. Our problem is that we keep feeling that our poverty isn't enough for Jesus. We can't believe he doesn't have heavy parameters and requirements; we can't believe we're 'good enough', especially not as we are in any given moment.

In other words, we can't believe the Good News. The good news is that compassion is freely given and given lavishly with love; it's not earned. All the things we do for God should be done out of gratitude for what we have received, not to try to earn anything. This is a God who hangs with us no matter who we are or how we have acted. He doesn't drift away to find someone else more holy to hang out with. Those who think of themselves as holy enough don't need God.

They've got themselves to hang out with.

The compassion of Jesus is indescribable. He had just had news of John's death and he was grieving deeply. He needed to go and be alone for a while. He needed to speak to his Father. But the crowds, unaware of his grief and need, followed him in huge numbers because they

LITURGICAL YEAR A

Saturday:

English Mass (anticipated Mass) 4:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar 11:00 am
Korean 3:00 pm
Vietnamese (Please contact the Parish Office) 5:30 pm

Weekday Masses English Masses

Tuesday (Aug 4: St. John Vianney) 11:00 am
Wednesday 11:00 am
Thursday (Aug 6: Transfiguration of our Lord) 11:00 am
Friday 11:00 am

**No Exposition and Benediction on Fridays
through Summer**

Korean Masses

Wednesday 7:30 pm
Thursday 10:00 am

Syro-Malabar Mass

Thursday (Every 3rd Thurs of the month) 7:00 pm
Saturday (August 15: Assumption of BVM) 10:00 am

RECONCILIATION

Tuesday to Friday 10:30 am
Saturday 3:15 am
Sunday 8:15 am



PLEASE NOTE

As Fr. Shijo will be on vacation, there will be NO WEEKDAY MASSES from:

Tuesday, Aug. 25 to Friday, Aug. 28
Tuesday, Sep. 1 to Friday, Sep. 4
Tuesday, Sep. 8 to Friday, Sep. 11

Parish Office Hours Summer Hours

Tuesdays to Fridays, 10 am to 12:30 pm

If you would like to register or volunteer for a ministry, please send an email to sacredheart@rcdvictoria.org

**For Baptism, Marriage, Funerals,
and Anointing of the Sick**

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >



In aid of our Church Roof!

This weekend,
*delicious Vietnamese Doughnuts
and Spring Rolls will be on sale!*
**All proceeds of this sale will go toward
the repair of our church roof.
Please bring cash only!**



**Welcome to our Catholic Family
Chisom Odenigbo**

*Who will receive the Sacrament of Baptism
on Sunday, 30 August 2026 at the 9 a.m. Mass!*



The Next Parish Bulletin

will be published on the weekend of
September 5 / 6. Have a great summer!



Please Pray For **Those who have died:**

Kris Balanda, Jim Cain, Daniel De Grammont, Sriwan Fernandez, Rogelia Flores, Georgie Guterres, Alice, Joe Snr & Joe Jnr De Lima, Pancrasio TanKasio, Dalisay and Virgilio Libunao, Frances Nuyten, Patricia Smith, Michael & Salvacion Tinsay, Francisus Van Thillo.

Those who are ill:

Irene Anna, Jon A, Jacobus B, Cora C, Margaret Drummond, Theresa H, Joe & Sherry O, Alexandra Picard, Lillian Penton, Fiona M, Walt Ryan, Davide R, and Dan W.

Sacred Heart Parish is seeking ...

Someone with engineering experience, skills, and certification to be a planning advisor to the Parish Maintenance Committee and the Parish Finance Committee. Please contact the office: 250-479-1611 email sacredheart@rcdvictoria.org. Thank you.

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.



If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.

Thank you for your contributions!

July 25 & 26, 2026

Envelopes \$ 1,557.00

Cash \$ 420.00

Total \$ 2,249.00

Building Fund \$ 200.00

July 18 & 19, 2026

Envelopes \$ 1,743.00

Cash \$ 457.00

Total \$ 2,200.00

July 11 & 12, 2026

Envelopes \$ 1,572.00

Cash \$ 615.00

Total \$ 2,187.00

Building Fund \$ 30.00

July 4 & 5, 2026

Envelopes \$ 1,881.00

Cash \$ 489.00

Total \$ 2,370.00

Building Fund \$ 250.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



Eternal Rest Grant Unto

Jim Cain (23 February 2026)

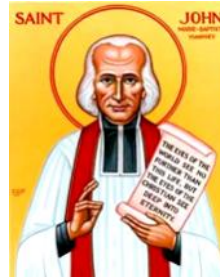
Funeral Service, 12:30 pm, Thursday, 13 August 2026

***O Lord, and let Perpetual Light Shine Upon him.
May his soul rest in peace. Amen.***

Planning for Tomorrow: Catholic Legacy Giving

You can support our parish long into the future without impacting your lifestyle today. By naming Sacred Heart Catholic Church as a beneficiary in your Will, life insurance policy, or retirement accounts, you leave a lasting legacy of faith. If you already have a will, a simple legal amendment (a codicil) is often all it takes to include your parish. Please consult with your notary or lawyer to ensure your wishes are carried out accurately.

A bequest in your Will helps to ensure that future generations can continue to encounter Christ here in our parish. Thank you.



St. John Vianney 4 August

Known as the "Curé d'Ars," Jean-Baptiste-Marie Vianney was born on 8 May 1786 in France in the town of Dardilly, near Lyons. Without formal education, through his mother's teaching, Vianney memorised and understood numerous prayers; living a devout religious life. At that time, France was in the midst of the Revolution. John made his Confession at home to a "non-juring" priest – i.e. a priest who had not sworn loyalty to the revolutionary government. The same priest gave him his First Communion in a barn during an "underground" Mass. At 17, John felt the call to the priesthood. John was ordained on 13 February 1815, at the age of 29.

In 1818, Fr. John Vianney was sent to the town of Ars where he restored the village church, organized patronal feast days, and founded *La Providence*, a home for girls. It was his dedication to the Sacrament of Confession that he is best known, spending up to sixteen hours a day there, earning him the title: *Curé of Ars*. Crowds of penitents travelled from all parts of France to make their Confession to John. In time, Ars was known as "the great hospital of souls."

John Vianney died on 4 August 1859, at 73 years old. His relics are in Ars. He was beatified by Pope St Pius X in 1905, and canonized by Pope Pius XI in 1925. In 1929, Pope Pius proclaimed him the "heavenly patron of all parish priests throughout the world." On the centenary of his death, Pope St John XXIII dedicated an encyclical to St John Vianney, pointing him out as exemplary model for priests. Fifty years later, Pope Benedict XVI inaugurated a "Year of Priests" on his 150th anniversary.

[Online accessed, July 29, 2026:
<https://www.vaticannews.va/en/saints/08/04/st-john-m-vianney-the-cur-of-ars-patron-of-parish-priests.html>]

Transfiguration of the Lord 6 August



This feast commemorates one of the pinnacles of Jesus' earthly life, when he revealed his divinity to Peter, James, and John on Mount Tabor where Moses and Elijah appeared. It is not known when the festival was first celebrated. It was introduced into the Western Church and fixed on August 6 by Pope Calixtus III in 1457 as a thank-offering for the victory over the Turks at Belgrade on that day in 1456. In 2002, Pope John Paul II updated the meditations of the Rosary with five "Luminous Mysteries," of which the Transfiguration is one.

[Online accessed, 29 July 2024:
<https://www.britannica.com/topic/Feast-of-the-Transfiguration>]



St. Clare of Assisi 11 August

Born July 16, 1194 in Assisi, duchy of Spoleto, Italy. St. Clare died on August 11, 1253, in Assisi and canonized in 1255. St. Clare was an abbess and founder of the Poor Clares, a Roman Catholic religious order of contemplative, cloistered nuns who live according to the rule established by St. Francis of Assisi in the 13th century. St. Clare is the patron saint of people with

eye disorders and embroiderers.

In 1958, Pope Pius XII declared her the heavenly patron of television, citing an incident before Clare's death when she miraculously heard and saw the Christmas Midnight Mass in the Basilica of San Francesco located a distance from her convent, on the far side of Assisi, Italy.

[Online accessed, 29 July 2026:
<https://www.britannica.com/biography/Saint-Clare-of-Assisi>]

St. Maximilian Kolbe 14 August 2024

St. Maksymilian Maria Kolbe was born on January 8, 1894 in Zduńska Wola, near Lodz. He died on August 14, 1941 in Auschwitz.

In 1917, he founded the sodality of the Militia of Mary Immaculate. In 1918, he was ordained a priest. In Poland, he established the popular Roman Catholic periodical *Rycerz Niepokalanej* ("The Knight of Mary Immaculate") and in 1927, founded the City of Mary Immaculate, a religious centre that attracted 700 friars and workers.

He and the brothers used the centre to shelter an estimated 2,000 to 3,000 Polish refugees, the majority of whom were Jewish. He was arrested in February 1941 on charges of aiding Jews and the Polish underground. Imprisoned at Auschwitz, he continued to hear



confessions and celebrated Mass with smuggled bread, for which he was beaten. After a prisoner's escape, 10 men were randomly selected to die as punishment. Kolbe volunteered his life in place of family man, Franciszek Gajowniczek. Kolbe and the nine prisoners were starved for weeks until they were finally injected with carbolic acid and cremated.

On October 17, 1971, Kolbe was beatified by Pope Paul VI, the first Nazi victim to be proclaimed blessed by the Catholic Church. In 1982, Pope John Paul II canonized him, proclaiming also that he was to be venerated as a martyr. Gajowniczek survived Auschwitz and attended both the beatification and canonization ceremonies.

[Online accessed, 7 August 2024:
<https://www.britannica.com/biography/Saint-Maksymilian-Maria-Kolbe>]



Society of St. Vincent de Paul

Jesus says: "There is no need for them to go away; give them some food yourselves." Taking the five loaves and two fish, he blest them and gave them to the disciples to feed the crowd. Your gift also helps those living in poverty; like the loaves and fishes.

To join the Society, please contact Georgina: mgvshort@telus.net or call 250-727-2615

For assistance, please call our Social Concern Office: 250-727-0007 ext 1.

To donate online, specify "Sacred Heart Parish"
https://give-can.keela.co/ssvp_donation_form

Make cheques to: "Society of St. Vincent de Paul".



**Knights of Columbus Sacred Heart Council
invites all men to the next**

COR Meeting

7:30 pm, Tuesday, August 11

Pope John Hall, next to the Rectory

Topic "Mental Health - Awareness and Support for Fellow Parishioners."

All Knights, male parishioners, and friends are welcome to attend.



From the Diocese



World Youth Day Seoul 2027 Pilgrimage

"Take courage! I have overcome the world."
(Jn 16:33)

We are excited to begin exploring interest from people across our diocese wanting to attend World Youth Day 2027 in Seoul, South Korea! If

you or anyone you know are interested in learning more about this life changing pilgrimage, please complete the form below:

<https://forms.office.com/r/dQZVd6EDpZ>

Society of Saint Vincent de Paul Vancouver Island: Hearts for Homes Gala

**6 pm, October 3, Union Club of Victoria
805 Gordon Street, Victoria, BC**

Tickets, \$200 each - <https://www.hibid.ca/events/hearts-for-homes>

An evening of compassion and community in support of affordable housing on Vancouver Island featuring a three-course dinner, musical entertainment, guest speakers, and silent and live auctions.

Employment Opportunity Appeal Administrative Assistant

The Roman Catholic Diocese of Victoria is seeking an Appeal Administrative Assistant with strong data entry and communication skills. This role is a full-time (37.5 hours per week) temporary role from September 15, 2026, to February 12, 2027. The hourly salary range is \$23.00 to \$25.00.

See the full job on our website here:
<https://www.rcdvictoria.org/employment>

**12th Annual Diocese of Victoria
Family Camp and Conference**

"Grafted to Christ"



Families are invited for a fun, faith-filled weekend of fellowship, play, and prayer; August 20 to 23 at beautiful Nanoose Bay Camp. Guest Speakers: Angela and Shawn Veters. Details at:

<https://12thAnnualVictoriaDioceseFamilyCampandConference.eventbrite.ca>

Support for Earthquake Victims in Venezuela

Following these devastating earthquakes, Development and Peace - Caritas Canada has launched an emergency appeal to help the Venezuelan people.

To learn about the work being done and how to donate, please see: <https://devp.org/en/venezuela-earthquakes-you-can-help-now/>



Rachel's Vineyard is hosting a retreat on Vancouver Island from September 11 - 13. This ministry is a safe place for people to renew, rebuild and redeem hearts broken by abortion.

For information and to register, please contact Nicola at rachelsvineyardvancouverisland@gmail.com or 250-514-3973.

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin

Religious Education/Sacramental Preparation

sacredheartreled@rcdvictoria.org

PARISH PASTORAL COUNCIL 2025 / 2026

Edgar Tan Jr. (Chair) Jeremy Côté Margaret Sasges
Merwin Thengil Rick Perez de Tagle Samantha Sherman

Richard Byeon (Korean Representative)
Sonny Huynh (Vietnamese Representative)
Anjali Aniyar (Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS

Parish Office: sacredheart@rcdvictoria.org



LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Altar Servers
Extraordinary Ministers

Floral Ministry
Lectors
Music Director
Pastoral Care Ministry
Ushers

Video Streamers
Sacristan

Rafael Oei

Karla Montano
Marilyn Turner,
Mae Tan
Karla Montano
Stan Dzbik
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Lynda Tan
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Miriam Podmoroff
Peter Liem
Sylvain Leclerc

PARISH GROUPS

Christian Meditation
C.W.L.
Prayer Line
Knights of Columbus
Led By The Spirit Group
Moms & Tots
Funeral Receptions
Social Justice/D & P
St. Vincent de Paul

Margie Noonan
Belle Perez de Tagle
Miriam Podmoroff
Dr. Felipe Edora
David MacIntyre
Genevieve Vuksic
Marilyn Turner
Stan Dzbik
Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,
religious, employee, or volunteer, visit
RCDVictoria.org/Responsible-Ministry
or call 1-800-968-3146

To report sexual abuse or cover-up
by a Catholic Bishop,
visit BishopReportingSystem.ca or
call 1-866-892-3737

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their advertising, please support them!**



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