Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

⁎ All Saints' Day | 1 November 2026 ⁎

Children and adults, you are welcome to come in costume as your favourite saint, prophet, or angel for Mass this weekend.







The Greek word for 'blessed' is Makarios, and in Jesus's time it had a much deeper meaning that goes far beyond happiness or a state of pleasure or joy. Sometimes the beatitudes have been translated or modernized to, "Happy are the poor in spirit, those who mourn, the meek, etc", but in Greek literature, 'Makarios' was used to describe the condition of the gods, an existence totally untouched by the sorrows and struggles of earthly life. The word was reserved for the wealthy, the elite or the divine. But when Jesus used it, he radically applied it to the most broken people on earth, a downtrodden, impoverished and hopeless people.

We know the Jews were expecting a warrior Messiah, one who would defeat the Romans and set them all free. It would've made more sense to them if he said, "Cursed are the Romans…" but he turned their expectations upside down by actually congratulating them for being in a truly blessed position, a privileged place in God's kingdom. He wasn't expounding on a set of precepts that would make them acceptable to God; he was saying, "You are already acceptable to God and blessed in his eyes!" Jesus was declaring that God's kingdom belongs to the poor in spirit, the mourning, the gentle, those who yearn for righteousness and the persecuted. Note that he did not include those who already felt they were righteous.

It would be easy back then, and today, for someone in mourning or being persecuted to say, "I sure don't feel blessed", but Jesus was not implying that you would feel happy if you were spiritual enough, and if you don't feel happy, then you're not spiritual enough. The state of being blessed, of Makarios, is the knowledge that you are holy and completely acceptable to God just as you are. You're already there!

Over and over again, Jesus brought the Good News, the great news, the incredibly awesome news to the people of God, and the spirit keeps bringing it to us, but a lot of the time we act as if it's Old News, Somewhat Nervewracking News or Shape Up or Ship Out News.

But, honest to God, it's Good News!

LITURGICAL YEAR A

Saturday:

Mass in English (anticipated Mass)	4:00 pm

Sunday:

Mass in English	9:00 am
Syro-Malabar Rite Mass	11:00 am
Mass in Korean	3:00 pm
Mass in Vietnamese (1st & 3rd Sundays)	5:30 pm

Weekday Masses

Mass in English

Monday	Nov. 2nd: All Souls' Day	12:00 pm
Tuesday		11:00 am
Wednesday		11:00 am
Thursday		11:00 am
Friday	Exposition / Confessions	5:30 pm
	Benediction	6:15 pm
	Holy Mass	6:30 pm

Mass in Korean

Monday	Nov. 2nd: All Souls' Day	6:30 pm
Wednesday		7:30 pm
Thursday		10:00 am

Syro-Malabar Mass

Monday	Nov. 2nd: All Souls' Day	7:30 pm
Thursday	(Every 3rd Thurs of the month)	7:00 pm

RECONCILIATION

Tuesday to Friday	10:30 am
Saturday	3:15 am
Sunday	8:15 am

Parish Office Hours

Tuesdays to Fridays, 9:30 am to 3:00 pm
Closed on Sundays, Mondays, and Saturdays

If you would like to register or volunteer for a ministry, please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >

All Souls' Day
Monday, November 2nd

In English, 12:00 p.m.
In Korean, 6:30 p.m.
Syro-Malabar Rite 7:30 p.m.

At the All Souls' Day Mass (English), the names of parishioners who passed away this past year will be read and candles will be lit in their honour.

The names in the Book of Remembrance will be offered at Masses in November.

Sacred Heart Knights of Columbus presents

MOVIE NIGHT

Saturday, November 7, Parish Hall
Doors open at 5 pm | Movie - 6 pm

CABRINI

Movie Night Combo
Hot Dog, Popcorn, drink: $15 each
Family of Four: $40
Movie Only: $5 each

Under 18s must be accompanied by an adult.
In support of the Food for Families Charity

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

Please Pray For



Those who have died:

John Baanstra, Kris Balanda, Alice, Joe Sr. & Joe Jr. De Lima, Jeffrey Oliver, Suzanne Pimentel, Titong Pongos, members of the Fernanda Rodrigues Family, Cissy Sequeira, the Souls in Purgatory, and John Vu.

Those who are ill:

Irene Anna, Jon A, Jacobus B, Cora C, Theresa H, John Knapik, Joe & Sherry O, Walt R, Davide R, Marguerite Thomas, & Dan W.



Eternal Rest Grant Unto

John Baanstra (26 September 2026)

Funeral Mass, 11:00 am, Friday, 6 November 2026

O Lord, and let Perpetual Light Shine Upon him.
May his soul rest in peace. Amen.

Join the Knights of Columbus Sacred Heart Council

Men 18 and above are invited to join the fraternity of Knights to forge an enhanced, active, and dynamic Christian life for yourself and your family. Speak with us in the church foyer and ask all the questions you want.

Put faith into action! Enroll on the spot, or join online: www.kofc.org

CWL Membership Drive
Weekend of November 7/8

What is the Catholic Women's League all about?

Together we live our call to Faith, Service and Social Justice while building friendships and supporting our community and beyond. Come be a part of something bigger. Your voice, your gifts, your heart matter.

For more information: Miriam at mirpod@yahoo.com

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:
https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.
https://www.canadahelps.org/en/dn/47781

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.

Thank you for your contributions!

October 24 & 25, 2026

Envelopes	$ 1,579.00
Cash	$ 705.55
Total	**$ 2,284.55**
Building Fund	$ 1,470.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

All Hallow's Eve
31 October, by Fr. Shijo George

What comes to mind for 'Halloween': a celebration for children to go in costumes to collect candy, 'trick-or-treating'? In its present form, it is a celebration of darkness. The word "Halloween" refers to the evening of All Saints' Day on November 1st or 'All Hallow's Eve'. From celebrating an Holy Evening, it transformed into a celebration of all things evil through worldly influences. The common accepted social perception of Halloween is that it is just a celebration of harmless fun for a few hours or for a day! What is overlooked in its normalcy is that Halloween celebrates something dreadful and evil. As Catholics, we are to celebrate Life, not Death: and certainly not violent death; celebrate Light, not Darkness; and Jesus, not Satan. If evil is celebrated, its influence will slowly seep and permeate our psyche and life unnoticed. This leads to the loss of a sense of sin, repentance, Holiness, and sensitivity to recognize temptation.

The Idea of 'Trick or Treat'

The news has often reported that instead of receiving candy, children have unwittingly received items wrapped with harmful objects. To trick someone is not divine and cannot truly be called fun. Children should be taught not to celebrate Halloween to get candies or other gifts. The essence of the Christian faith is we are Children of the Light; Jesus Christ (John 1:5, 3:18-21). If we are children of the Light, why celebrate Darkness? Through Christian prudence, refrain from this sort of celebrations. "You cannot drink the cup of the Lord and the cup of demons. You cannot partake of the table of the Lord and the table of demons." (1 Cor 10:21)

What the Church Teaches

CCC §2116: "All forms of divination are to be rejected: recourse to Satan or demons conjuring up the dead or other practices falsely supposed to 'unveil' the future. Consulting horoscopes, astrology, palm reading, interpretation of omens and lots, the phenomena of clairvoyance, and recourse to mediums all conceal a desire for power over time, history, and, in the last analysis, other human beings, as well as a wish to conciliate hidden powers. They contradict the honour, respect, and loving fear that we owe to God alone." CCC §2117 is also worth reading.

St. John Paul II said: "Fascination with evil will take you away from Holiness." and in a homily in 2014, Pope Francis said, "The Devil is not a myth, he is clever and he seduces." As a Christian we should:

- Make a decision as a family not to celebrate evil and dread.
- Not wear costumes that deliberately glorify evil.
- Dress up as Saints and tell stories of saints to your young ones.
- Create a counter-culture: 'Holy-ween', decorating your house and courtyard with pictures, images, and statues of saints.
- Participate in celebrating the Eucharist.
- Do something charitable to others instead of trick and treating.
- Pray the Litany of the Saints; sprinkle Holy Water as a family.
- Tell your friends why to abstain from celebrating Halloween.

Please understand, Christianity is not against fun. It is against the celebration of evil. As our Lord defeated evil, why celebrate evil and darkness? We are not supposed to celebrate what Jesus defeated through His salvific plan as prayed in Our Lord's Prayer: "... deliver us from evil." Our faith and prayer become contradictory when we celebrate the darkness.

"For once you were darkness, but now in the Lord you are light. Live as children of light - for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them" (Eph. 5:8-11).

We are children of Light.
Let us celebrate the Light not the Darkness. ~ Fr. Shijo George ~

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Search for: "**Sacred Heart Catholic Church, 4040 Nelthorpe Street, V8X 2A1**

Select it, and create a new account on www.formed.org/signup

St. Charles Borromeo

November 4



St. Charles Borromeo lived during the Protestant Reformation and had a hand in the reform of the whole Church during the final years of the Council of Trent. He belonged to the Milanese nobility and was related to the Medici family, but Charles desired to devote himself to the Church.

The death of his elder brother brought Charles to a definite decision to be ordained a priest. After being ordained at age 25, Borromeo was consecrated bishop of Milan. He deserves the credit for keeping the Council of Trent in session when it was on the verge of breaking up. He encouraged the pope to renew the Council in 1562, after being suspended for 10 years. Eventually, Borromeo devoted his time to the Archdiocese of Milan. The reform needed among the clergy and laity there was initiated at a provincial council of all the bishops under him. Specific regulations were drawn up for the bishops and clergy, with Borromeo being the first to give a good example. Charles allotted most of his income to charity, forbade himself all luxury, and imposed severe penances upon himself; sacrificing wealth, honour, esteem, and influence to become poor. During the plague and famine of 1576, Borromeo tried to feed 60,000 to 70,000 people daily, borrowing large sums of money and staying in the city where he ministered to the sick and the dying.

Work and the heavy burdens of his office affected Borromeo's health, leading to his death at the age of 46. St. Charles Borromeo is the Patron Saint of Catechists, Catechumens, and Seminarians

[Online accessed, 27 October 2026
https://www.franciscanmedia.org/saint-of-the-day/saint-charles-borromeo/]



2026 Annual Bishop's Appeal

The Bishop's Appeal is still accepting donations. Please make a financial commitment to the Appeal. When we give, we invest in the faith and future of this and the next generation. To receive a tax receipt for 2026 please ensure your donation is dropped off at the parish office in plenty of time to get to the Diocese for processing before the end of December.

Online Donation Options:

Diocesan website: www.rcdvictoria.org/bishops-appeal
E-transfer: appealoffice@rcdvictoria.org
Phone the Pastoral Centre directly to make a one-time or monthly donation by credit card 1-250-479-1331

This year our project is to replace the church roof.

Our Parish goal is $46,000.00

Actual to Date: $19,909.41 Number of Pledges: 69



Clean-up

Saturday, 28 November
9 am to 12 pm

SAVE THE DATE

Come with your gloves, rakes, blowers, buckets, and cheerful spirits …



Birthright Victoria

Specialty Fudges

Please order by December 1



Email: info@birthrightvictoria.org or call Peggy: 250.478.5372.

Birthright packets make great stocking stuffers or holiday gifts; and they freeze well. Support the pro-life work of Birthright Victoria. Please see the Birthright's Fudge poster for details. Sacred Heart Parish Office pick-up: week of December 8 to 11.

*Please note Macadamia Madness Fudge is in extremely short supply and only available by pre-order this year due to the ongoing Tariff War. We suggest you order ASAP to ensure this variety.

Society of St. Vincent de Paul

In the Gospel, the poor and suffering are especially blessed. As Blessed Frédéric Ozanam said, "the blessing of the poor is the blessing of God. Please pray for the blessing of the poor !

For assistance, please contact the Social Concern Office:
250-727-0007 ext 1 / sacredheart@svdpvictoria.com.

To join, please contact Georgina Short: 250-727-2615

To donate online, specify "Sacred Heart Parish"
https://give-can.keela.co/ssvp_donation_form

Make cheques to: "Society of St. Vincent de Paul".

From the Diocese

2026 Diocese Faith Day

Saturday, November 21, 2026

Mass at 9 am, Sacred Heart Parish followed by speaker, Dr. Donna M. Beegle: "Who Is My Neighbour? Relationship and Belonging with the Poor" recognizing Christ in the needy and the suffering.

https://diocesan-faith-day-2026.eventbrite.ca



All Souls Mass

9 a.m. Saturday, November 7
Rosary & Holy Mass, Royal Oak Mausoleum

The celebrant: Fr. Eduardo da Silva Santos

Everyone is welcome



50/50 YOU WIN HALF!

OUR LADY OF THE ROSARY, LANGFORD, BC

Draw Date: December 31, 2026

Packages (Limited to 250 each)
A: 1 Ticket at $10 | B: 5 Tickets at $20
C: 20 Tickets at $50 | D: 100 Tickets at $100

Purchase your tickets today at: https://rafflebox.ca/raffle/oltrp/

Seminary of Christ the King Vocation Live-In

November 14 & 15, Mission, BC

Young men grades 7-11 interested in experiencing seminary life or how to discern God's call to priesthood. For information or to register, please contact Fr. Anthony: 604.826.8975 / rector.minors@sck.ca

40 DAYS FOR LIFE

23 Sep to 1 Nov

Every year more than 10,000 unborn babies are killed in the womb in BC, and over 100,000 in Canada. Join 40 Days for Life at Helmcken Road Overpass Park & Ride, from 7 am to 7 pm daily.

https://www.40daysforlife.com/en/victoriabc

Seminar: Dying with Christ

Heading for Heaven: A Christian Response to MAID
9:30 am to 3 pm, Saturday, November 14, St. Andrew's Cathedral

Mass at 8:30 am followed by the seminar by Deacon Larry Worthen
Registration is $25 and will include a lunch.

For information or to register:
250-388-5571 / standrewscathedral@gmail.com

Pastor, Fr. Shijo George
sgeorge@rcdvictoria.org

Korean, Fr. Marco Park
dkpark@rcdvictoria.org

Syro-Malabar Rite, Fr. Shijo George
pastorstantonymissionvictoria@gmail.com

Vietnamese, Fr. Michael Tran
michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn
250-889-3761

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PARISH PASTORAL COUNCIL 2026 / 2027

Lorraine Van Dyk (Chair) — Rey Hermoso — Peter Martin
Margaret Sasges — Rick Perez de Tagle — Edgar Tan

Richard Byeon (Korean Representative)
Sonny Huynh (Vietnamese Representative)
Jithin James (Syro-Malabar Representative)

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