



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com



** Third Sunday of Advent | 15 December 2024 **

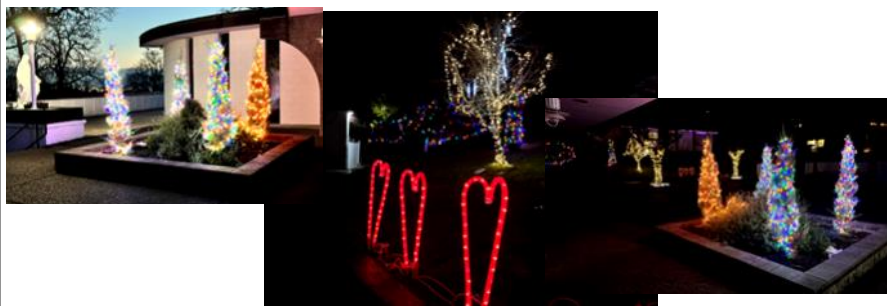
'tis the season to be jolly... CWL Christmas Party

Thank you for making this a most meaningful and joyful celebration!



... and

*Thank You to the Maintenance Committee & crew for putting up
Christmas lights in our courtyard!*



*"Special thanks to all maintenance committee member for their help and big thanks to
Bishop Gary for his ideas"
(Fr. Shijo George)*

LITURGICAL YEAR C

Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm
Syro-Malabar Rite Mass 7:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar Rite Mass 11:00 am
Korean 3:00 pm
Vietnamese (1st and 3rd Sundays) 5:30 pm

RECONCILIATION

Saturday 3:00 pm to 3:45 pm
Sunday 8:15 am to 8:45 am

Weekday Masses

English Masses

Tuesday to Friday 11:00 am
Friday: Adoration after Mass
Benediction 1:30 pm

~ No Mass on Thu, 26 Dec and Fri, 27 Dec ~

Korean Masses

Wednesdays 7:30 pm
Thursdays 10:00 am

Memorials and Feast Days coming up

When in Red: Major Feast with Gloria

Wed. Dec 25, Nativity of the Lord (see schedule)

Season's Parish Office Hours until end of January 2025

Please Note:

**Tuesdays to Fridays
10:00 am to 2:00 pm**

Closed: Saturdays, Sundays, and Mondays.

**The Parish Office will be closed
for the Christmas Season from
21 December 2024 to 8 January 2025.**

Have a blessed & joyful Christmas!

If you would like to register or volunteer for a Ministry,
please send an email to sacredheart@rcdvictoria.org

**For Baptism, Marriage, Funerals,
and Anointing of the Sick**

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >

For your convenience, QR codes are
now located around the church.



Christmas Season 2024

Thu, Dec 19	11:00 am 6:30 pm	Weekday Mass in English Advent Reconciliation Service
Tue, Dec 24 Christmas Eve	4:00 pm 4:30 pm 6:30 pm 7:00 pm 8:30 pm 10:00 pm	Children's Pageant & Carolling Children's Mass in English Carolling (before the English Mass) Mass in English Mass in Korean Syro-Malabar Rite Mass
Wed, Dec 25 Christmas Day	11:00 am 5:30 pm	The Nativity of the Lord in English The Nativity of the Lord in Vietnamese
Thu, Dec 26	11:00 pm	NO MASS
Fri, Dec 27	11:00 pm 5:00 pm	NO MASS An Evening of Carols

Masses in the Diocese

<https://www.rcdvictoria.org/events/2024-christmas-mass-times>



Please pray for:

Those who have died

*Sriwan Fernandez, Maria de Melo, Manuel Pimentel,
Souls in Purgatory.*

Those who are ill

*Mary-Lee A, Skarlet, Jon A, Patricia C, Cora C, Lesley D,
Laverne Knapik, Kathleen G, Gwen J, Derek L, Lisa L,
Diane L, Rafael M-Duke, Katherine N, Edvige P,
Davide R, Gaspar S, Valerie S, Cathy T, and Maria T.*

2025 Parish Donation Envelopes

**The 2025 Parish Donation Envelopes
are available for pick up in the foyer.**



If you do not currently have a box set and would like to begin using envelopes, call the Parish Office or fill out the form on the table near the envelope sets. Offertory donation envelopes are beneficial if you make weekly contributions to the parish and are necessary if you wish to receive an income tax receipt.

If you are new to the parish or would like to start using these donation envelopes, contact the parish office at 250-479-1611, or email sacredheart@rcdvictoria.org to have a box set aside for you.

We also offer the following options for your financial contribution to the parish (see below).

1. Pre-authorized debit *(automatically deducted from your bank account on a monthly basis)
2. E-Transfers to sacredheart@rcdvictoria.org
3. Gifts of publicly traded securities.

PLEASE DO NOT USE ANY ENVELOPES FROM PAST YEARS.

Since we have re-numbered some sets, if you use a set from a prior year, you will not get credit for your donation.

Thank you.

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.



If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.

Thank you for your contributions!

December 7 to December 8, 2024

Envelopes \$ 3,312.00

Cash \$ 431.00

Total \$ 3,743.00

Donations through PAD, Canada Helps, & e-Transfer
will be reported after the end of the month.

Fr. Shijo's Homilies

Now available on our Parish Website

[https://sacredheartvictoria.com/
sacred-heart-homilies.html](https://sacredheartvictoria.com/sacred-heart-homilies.html)



The Rejoicing Decision

by Jean Allen



So...when you're staying in your present moment and it's not a particularly peaceful or enjoyable moment, what can you do?

Rejoice!

Rejoicing, like love, is not always a feeling; it's most often a decision. But it's a decision that can reframe your heart and mind, taking you out of the negative and pointing you to the positive reality.

Paul says in the second reading, "Rejoice in the Lord always; again, I will say, rejoice. And the peace of God, which surpasses all understanding will guard your hearts and your minds in Christ Jesus." How can you rejoice always? One way is to memorize a line or two of rejoicing scripture – there are so many in today's readings. For instance, "For great in my midst is the Holy One of Israel." It speaks so beautifully to the present moment. "In my midst" means God is present right here right now. The readings are full of 'God in my midst'. "You shall fear disaster no more." How great is that?

Make a rejoicing decision. It's not a delusional decision that doesn't take into account all the problems inherent in the present moment; what it does is place those problems into the hands of the Lord, who knows exactly which are problems that need addressing and which are simply fears of the future. We can sing along with Habakkuk, who said that even if the fig tree did not blossom, the vines had no fruit, the olives failed and there was no meat, "Yet will I rejoice in the Lord. I will joy in the God of my salvation. God the Lord is my strength."

"Sing aloud O daughters and sons of Zion! He will rejoice over you with gladness." Did you catch that? He is also rejoicing. Over you. With gladness! If he has decided we are worth rejoicing over with gladness, perhaps we can make more of an effort to make the rejoicing decision.

Be a joymonger.



Flowers for Christmas Decorations

Donations toward our Flower Fund
are now welcome.

Donation envelopes are
available in the church foyer.



Moms & Tots

Parish Hall, Twice a month, Mon. 9:30 am - 11:30 am

**Next gathering
Monday, December 16, 2024**

Come for the company and faith-sharing.
Parents and caregivers are welcome.

Please contact Genevieve Vuksic: momstots.shvic@gmail.com

CHRISTIAN MEDITATION

Thursdays, 11:45 am | Parish Hall

We welcome newcomers.



From the teachings of Fr. John Main (1926-1982), a Benedictine monk. A prayer of silence and stillness beyond word and thought, often called the "prayer of the heart".

For more information, please contact Margie Noonan
250-589-6313 or margielnoonan@gmail.com.

We thank parishioners who have already made their gift to the 2024 Sharing God's Gifts Appeal. Our goal can only be achieved through YOUR generosity. With the Canada Post strike, you may phone in your donations to 250-479-1331, donate online at www.rcdvictoria.org/bishops-appeal or hand-deliver to the Pastoral Centre.

Our parish project is the installation of ventilation to our Confessional.

Parish Goal: \$ 44,000.00

Received: \$ 37,216.07

Number of Gifts: 121

Bishop's Appeal
2024
Sharing
God's Gifts

Children's Christmas Party



Saturday, December 21st

12 noon to 2 pm, Parish Hall

Hosted by The Knights of Columbus

All are welcome!



Parish Reconciliation Service

Thursday, 19 December at 6:30 p.m.

A number of priests will be available for Confessions.



Five Conditions of a Good Confession



1. Examination of Conscience
2. Repentance and remorse for one's sins: arising from faith and love of God.
3. Firmly resolve not to sin, or repeat a sin again.
4. Confess and disclose the sins to a priest.
5. Fully intend to make reparation, and do works of reparation for the sins.



Society of St. Vincent de Paul

In today's Gospel John the Baptist says, "Whoever has two cloaks should share with the person who has none. And whoever has food should do likewise..."

Christmas is a time of love and gift giving...please share your abundance by giving a gift to the Society of St. Vincent de Paul so that those who do not have clothes and food can share in the blessings of Christmas. Donate food items in our hamper in the narthex or drop your donations off at one of our Thrift Stores. To join, contact Georgina:

mgvshort@telus.net or call 250-727-2615

Donate online and specify "Sacred Heart Parish":

<https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/>

All cheques: "Society of St. Vincent de Paul".



Join the CWL!

To all ladies of Sacred Heart Church. Renew your CWL membership for 2025 or consider joining as a new member. CWL is a gift of faith, friendship and support with an opportunity to serve God and Canada.

We invite all Catholic women to join to make a difference.

Contact Denise for more information or to register:
deniseowen@shaw.ca / 250-580-0066.



Anawim's 37th Annual Christmas Tree Fundraiser: Nov. 25th to Dec. 21st

On sale now Anawim House, 973 Caledonia Avenue.

Hours: Weekdays: 10am – 7pm Saturdays: 10am – 3pm Sundays: Closed

We also need new and gently used warm winter clothing. A decorated donation box will be in the church foyer to collect your donations. You may contact Anawim House directly at info@anawimhouse.com or phone 250-382-0283.



From the Diocese



St. Andrew High School Advent Carol Concert and Raffle 7 pm, Wednesday, December 18th School Gymnasium

Come celebrate the reason for the season with readings and music by the St. Andrew's Singers, Concert Band, and Jazz Band students. We will also have our annual Advent Raffle featuring gift baskets of chocolate, spa items, board games, Lego, and foodie gift cards.



Raffle tickets can be bought at the concert for your chance to win!

All are welcome!

The Kitchen Needs You!

In 2024, The Soup Kitchen, operating in the basement of St. Andrew's Cathedral in Victoria, served over 40,000 nutritious meals to seniors, low-income workers, the unhoused and anyone else living at risk in our community. Volunteer-run, we rely upon donations from to fund our operation.



With the Canada Post strike, our funding is seriously affected. We graciously ask if you are able, please donate online at:
thesoupkitchen.ca/donation.

Thank you for your compassion to those in need in Victoria. With gratitude and blessings during this most holy season.

Full-Time Senior Accountant

The candidate will bring extensive accounting experience with a professional approach to the Finance Department. This position would suit an individual who thrives in a fast-paced work environment, dealing with people of different ages, backgrounds and cultures.

Please visit: <https://www.rcdvictoria.org/employment>.

The posting will remain open until filled.



Finding Room at the Inn

A blog, "Finding Room at the Inn: A New Vision for Long-Term Care This Advent", is available at:

<https://www.rcdvictoria.org/diocesanblog/finding-room-at-the-inn-a-new-vision-for-long-term-care-this-advent>.



This is the second post in a series that the Diocese will be sharing over the weeks of Advent that explores new ways to bring purpose, shelter, and hope to those in need.



Journey Through Advent

The spiritual reflections will be led by the Most Rev. Frank Leo, Metropolitan Archbishop of Toronto.

To view the videos, please visit

<https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-advent/>.

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Mark Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator

Lidia Moodie: sacredheartreled@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2023 / 2024

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Rick Perez de Tagle

Jeremy Côté

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Edgar Tan Jr. (Chair)

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Will Podmoroff

Andy Pak

(Korean Representative)

Sonny Huynh

(Vietnamese Representative)

Anjali Aniyan

(Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS

Please contact the Parish Office:
sacredheart@rcdvictoria.org



PARISH LITURGICAL MINISTRIES

Parish Liturgy Coordinator

Altar Servers

Extraordinary Ministers

Floral Ministry

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Music Director

Pastoral Care Ministry

Ushers

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Karla Montano

Gilbert Santos,

Chay Santos

Eduardo Bautista

Stan Dzbik

Rafael Oei

Lynda Tan

Marisa Tinsay

Lynda Tan

Peter Liem

PARISH GROUPS

Christian Meditation

C.W.L. / Prayer Line

Knights of Columbus

Led By The Spirit Group

Moms & Tots

Phone-tree

Funeral Receptions

Social Justice/D & P

St. Vincent de Paul

Margie Noonan

Margot McLaughlin

Stan Dzbik

David MacIntyre

Genevieve Vuksic

Elizabeth Olcen

Elizabeth Olcen

Stan Dzbik

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,
religious, employee, or volunteer, visit
RCDVictoria.org/Responsible-Ministry
or call 1-800-968-3146

To report sexual abuse or cover-up
by a Catholic Bishop,
visit BishopReportingSystem.ca or
call 1-866-892-3737

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