



# Sacred Heart Catholic Church

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60  
Years at  
Nelthorpe

\* 14th Sunday in Ordinary Time | 6 July 2025 \*

## Heartfelt and Grateful Thanks!

**Thank you to everyone who came to celebrate the  
Feast of the Sacred Heart of Jesus  
with us on Friday, 27 June.**

*A big Thank You to everyone who brought salads, desserts, and  
who helped to transfer everything to the Parish Hall so quickly  
when it started to rain. You made the evening extra special.*

*Special thanks to the Knights of Columbus for hosting the Pilgrim Icon of the  
Sacred Heart in our parish, Thom for baking the Feast Day Cake,  
and the Greater Victoria Concert Band for providing the entertainment!*



## LITURGICAL YEAR C

### Saturday:

English Mass	(Anticipated Sunday Mass)	4:00 pm
Syro-Malabar Rite	(except 1st Sat)	7:00 pm

### Sunday:

English Mass	9:00 am
Syro-Malabar Rite	11:00 am
Korean	3:00 pm
Vietnamese (1st and 3rd Sundays)	5:30 pm

### RECONCILIATION

Saturday	3:00 pm to 3:45 pm
Sunday	8:15 am to 8:45 am

## Weekday Masses English Masses

Tuesday	11:00 am
Wednesday	11:00 am
Thursday	11:00 am
Friday	11:00 am
St. Benedict (July 11)	
Adoration after Mass. Benediction is at 1:30 pm	

## Korean Masses

Wednesdays	7:30 pm
Thursdays	10:00 am

## Parish Office Hours

Temporary summer hours are in effect.  
Please refer to the times and dates  
on page 3 of this bulletin.

You may also refer to the website or call first  
before visiting the Parish Office.

If you would like to register or volunteer,  
please send an email to [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## For Baptism, Marriage, Funerals, and Anointing

Please contact:  
E. [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)  
P. 250-479-1611  
[Sacred Heart Parish Website](http://Sacred Heart Parish Website) >



## Summer Parish Bulletins

For the months of July and August, the Parish Bulletin  
will be published at the beginning of each month.  
Urgent updates, information, and news will be  
communicated via email and on the Parish Website.

**Have an excellent summer!**

## Save the Date

Proposed pilgrimage to the Holy Doors in the  
Diocese of Victoria for the 2025 Jubilee Year of Hope  
Sunday, August 3 to Tuesday, August 5  
**organized by Sacred Heart Parish for parishioners.**



## Distribution of the Precious Blood of Christ



Receiving the Precious Blood is optional.  
Please remain standing, bow, sip (no dipping), and  
move on. Kindly follow the guidance of the Ushers.  
Thank you.

*Fr. Shijo's Homilies*  
are available on our Parish Website  
<https://sacredheartvictoria.com/sacred-heart-homilies.html>



### **Please Pray For**

#### **Those who have died:**

*Amalia Garside, Michael Laliberte,  
Gloria Lyons, Daniel Pontes,  
Joe Snr. & Joe Jnr. Delima, Souls in Purgatory.*

#### **Those who are ill:**

*Jon A, Patricia C, Cora C, Maureen Dietrich,  
Lesley D, Kathleen G, Derek L, Lisa L, Diane L, Will P,  
Dino R, Davide R, Willy S, Gaspar S, Valerie S,  
Cathy T, Maria T, and Ornella T.*



## **The Sacrament of Marriage**

Prepare to commit to a  
Sacred Covenant with God as a couple.

### **For In-Person or Online Marriage Preparation Courses**

<https://www.rcdvictoria.org/marriage-prep>

## **Options to Donate**

### **E-Transfer:**

The email to use is [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

### **Pre-Authorized Debit (PAD)**

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

### **Canada Helps**

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.



**Thank you.**

## **Thank you for your contributions!**

### **June 28 & June 29, 2025**

Envelopes \$ 2,047.00

Cash \$ 385.00

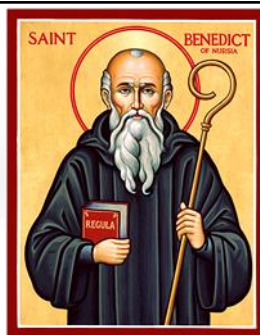
**Total \$ 2,432.00**

### **June 2025**

**Canada Helps \$ 1,167.68**

**E-Transfer \$ 2,340.00**

Donations through PAD, Canada Helps, & e-Transfer  
will be reported after the end of the month.



## **St Benedict**

**11 July**

St. Benedict (born c. 480 CE, Nursia, Italy; died c. 547, Monte Cassino; Feast Day, July 11, formerly March 21) was the founder of the Benedictine monastery at Monte Cassino and father of Western monasticism; the Rule he established became the norm for monastic living throughout Europe.

In 1964, in view of the work of monks following the Benedictine Rule in the evangelization and civilization of so many European countries in the Middle Ages, Pope Paul VI proclaimed him the patron saint of all Europe.

Benedict was born into a good family and was sent by his parents to Roman schools. Shocked by the licentiousness of Rome, Benedict retired as a young man to Enfide (modern Affile) in the Simbruinian hills and later to a cave in the rocks beside the lake that existed near the ruins of Nero's palace above Subiaco, 64 km (40 miles) east of Rome in the foothills of the Abruzzi. There he lived alone for three years, furnished with food and monastic garb by Romanus, a monk of one of the numerous monasteries nearby.

When the fame of his sanctity spread, Benedict was persuaded to become abbot of a monastery. He founded 12 monasteries, each with 12 monks, with himself in general control of all. Patricians and senators of Rome offered their sons to become monks under his care, and from these novices came two of his best-known disciples, Maurus and Placid.

Benedict's feast day is kept by monks on March 21, the traditional day of his death, and on July 11 by the Roman Catholic Church. St. Benedict is the patron saint of students, Europe, the dying, and against poison.

[Online accessed 3 July 2024:

<https://www.britannica.com/biography/Saint-Benedict-of-Nursia>]



## **Our Lady of Mount Carmel**

**16 July**

Mt. Carmel was a sacred place dedicated to the Canaanite god Baal. In 1 Kings 18, Elijah declared a contest with 450 of his prophets to set a sacrifice on fire to determine which "god" was real. The frenzy of the prophets of Baal was not successful. However, when Elijah prayed to the Lord, fire descended from heaven and lit the sacrifice (1 Kings 18:38-39). It was on Mt. Carmel, as well, that the prayer of Elijah secured the end of the drought and famine that had befallen Israel.

"Carmel" is a Hebrew word for "garden of God" (Gen. 3:8). Mount Carmel overlooks the Mediterranean, and the city of Haifa, Israel. It sits at the head of Valley of Jezreel, also known as the Valley of Megiddo. The Arabs know Carmel as the Mountain of Holy Elijah. In addition to 1 Kings 18, Carmel is mentioned over twenty times in Scripture, notably in Canticles 7:5.

In the 12th century, the Order of the Brothers of the Blessed Virgin of Mount Carmel was officially founded here. This order looks to the Old Testament prophets Elijah and Elisha as their spiritual fathers. Carmelites follow the Gospel and take on a deeply Marian character for an evangelical life, looking to the Blessed Mother as an ideal example of prayer, love, and contemplation. In the 13th century on July 16, 1251, the Blessed Virgin appeared to St. Simon Stock, a Prior of the Carmelites, and gave him the Brown Scapular. She said to him, "This is a privilege for you and the order: whoever dies wearing the Scapular will be saved. It is a sign of salvation, a sure safeguard in danger, a pledge of peace and of my special protection until the end of the ages."

The Scapular, or "Brown Scapular" from the colour of their habit,



consists of two pieces of brown wool on a cord. The Scapular is a special garment of consecrated religious, known from the time of St. Benedict (6th century), and worn over their habit while working. From this practical purpose the Scapular came to be called "the yoke of Christ," a spiritual sign of devotion and piety. By putting on the garment, it attains its highest spiritual meaning as followers of Jesus are said to put on Christ Himself to remind us throughout the day of the need to persevere in Christ.

The Scapular should never be worn as a good luck charm, nor as an assurance of avoiding purgatory or hell whatever our behaviour. To do so would be superstitious and therefore in vain.

The last time Mary appeared at Fátima, she was dressed as Our Lady of Mount Carmel. Lúcia, one of the shepherd children, later said the Blessed Mother appeared this way because she "wants all to wear the Scapular. The reason for this is that the Scapular is our sign of consecration to the Immaculate Heart of Mary." Lúcia later became a Carmelite nun.

There have been many Carmelite saints, including Elizabeth of the Trinity, Teresa of the Andes, and Edith Stein, as well as Doctors of the Church, John of the Cross, Teresa of Avila, and St. Thérèse of Lisieux.

Our Lady of Mount Carmel is the patron saint of the Carmelite Order, for Chile, for Bolivia, for protection from danger, and for deliverance from Purgatory.

[Online accessed 9 July 2024:

<https://www.ewtn.com/catholicism/seasons-and-feast-days/our-lady-of-mount-carmel-21181>]

## Society of St. Vincent de Paul



Please continue to support the Society's Food Banks in town. The food cart is also still in the church foyer. To donate online: specify "Sacred Heart Parish"  
[https://give-can.keela.co/ssvp\\_donation\\_form](https://give-can.keela.co/ssvp_donation_form)

All cheques: "Society of St.

Vincent de Paul".

To join the Society, please contact Georgina: [mgvshort@telus.net](mailto:mgvshort@telus.net) or call 250-727-2615



## Parish Office Staff will be away from



Tue 8 Jul to Fri 11 Jul  
Tue 22 Jul to Fri 25 Jul  
Tue 12 Aug to Fri 22 Aug

*We thank all the Parish Office volunteers who will be in the office while we are away this summer.*

*The next Parish Bulletin for the summer will be the weekend of 2/3 August 2025.*

*Regular bulletins will resume in September.*

## Parish Office Summer Hours

Wk 1: Tue 8 Jul to Fri 11 Jul	: 11:30 am to 1:30 pm
Wk 2: Tue 15 Jul to Fri 18 Jul	: 9:30 am to 1:30 pm
Wk 3: Tue 22 Jul to Fri 25 Jul	: 11:30 am to 1:30 pm
Wk 4: Tue 29 Jul to Fri 1 Aug	: 9:30 am to 1:30 pm
Wk 5: Tue 5 Aug to Fri 8 Aug	: 9:30 am to 1:30 pm
Wk 6: Tue 12 Aug to Fri 15 Aug	: 11:30 am to 1:30 pm
Wk 7: Tue 19 Aug to Fri 22 Aug	: 11:30 am to 1:30 pm
Wk 8: Tue 25 Aug to Fri 29 Aug	: 9:30 am to 1:30 pm

## CHRISTIAN MEDITATION

Thursdays, 11:45 am | Parish Hall

We welcome newcomers.

For more information, please contact Margie Noonan  
250-589-6313 or [margielnoonan@gmail.com](mailto:margielnoonan@gmail.com).



## From the Diocese

### MEMO

DATE: June 30, 2025  
FROM: Bishop Gary Gordon  
RE: 2025 Clergy Appointments

Bishop Gary Gordon, in consultation with the Priest Personnel Committee, has made the following pastoral appointments:

- Fr. Anthony Varghese Padayatty HGN appointed Pastor of All Saints Parish, which includes St. Mary's, Ladysmith and St. Joseph's, Chemainus, and to provide mission outreach to St. Louis de Montfort, Lake Cowichan, effective August 25, 2025.

Fr. Anthony's last day in his current assignment as Assistant Priest at St. Peter's Parish will be July 1, 2025.

- Fr. Joseph Thomas appointed Pastor of Holy Trinity Parish, effective September 19, 2025.

We are most grateful for the dedicated and faithful people who minister in our Diocese. Your continued support and prayers for the ongoing pastoral needs of the Diocese of Victoria are much appreciated.

## Fill A Bowl Campaign

The Soup Kitchen under St. Andrew's Cathedral has launched its "Fill a Bowl" campaign!

Every dollar donated helps feed someone in need. With thanks to the open-hearted support of donors and volunteers, the Soup Kitchen has been welcoming the hungry with nourishing soup served without judgment for 43 years. Your donation will further help to "fill a bowl".

Fill a bowl today: <https://www.thesoupkitchen.ca/>



## Diocesan Bursaries

Deadline: July 15

Information & forms through the links:

[The Jawl Bundon LLP Bursary](https://www.rcdvictoria.org/jawl-bundon-bursary) (\$2500): for a grade 12 Catholic student. <https://www.rcdvictoria.org/jawl-bundon-bursary>

[The Blessed Marie Anne Blondin Bursary](https://www.rcdvictoria.org/blondin-bursary) (\$1000): for a lay woman enrolled in a program or course for ministry in the Church. <https://www.rcdvictoria.org/blondin-bursary>

[The Char Deslippe Memorial Award](https://www.rcdvictoria.org/char-deslippe-award) (\$500): for a teacher working in Catholic Island Schools or a parish catechist. <https://www.rcdvictoria.org/char-deslippe-award>

## Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

## Korean, Fr. Marco Park

dkpark@rcdvictoria.org

## Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

## Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

## Hospital Chaplain, Fr. Sean Flynn

250-889-3761

## Parish Administrative Assistant

Katherine Newton: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## Children's Religious Ed. Coordinator

Lidia Moodie: [sacredheartreled@rcdvictoria.org](mailto:sacredheartreled@rcdvictoria.org)

## Parish Liturgy Coordinator

Rafael Oei: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## RMSE Coordinator

Sindhu Merwin: [sacredheartmse@gmail.com](mailto:sacredheartmse@gmail.com)

## PARISH PASTORAL COUNCIL 2024 / 2025

Marilyn Bojko

Peter Martin

Rick Perez de Tagle

Jeremy Côté

Samantha Sherman

Edgar Tan Jr. (Chair)

Jim Haffey

Will Podmoroff

Andy Pak

(Korean Representative)

Sonny Huynh

(Vietnamese Representative)

Anjali Aniyan

(Syro-Malabar Representative)

## PARISH MINISTRIES & GROUPS

Parish Office: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)



## LITURGICAL MINISTRIES & POSITIONS

### Parish Liturgy Coordinator

Altar Servers

Extraordinary Ministers

Floral Ministry

Lectors

Music Director

Pastoral Care Ministry

Ushers

Video Streamers

Sacristan

### Rafael Oei

Karla Montano

Marilyn Turner,

Mae Tan

Eduardo Bautista

Stan Dzbik

Rafael Oei

Lynda Tan

Marisa Tinsay

Lynda Tan

Peter Liem

Denise Owen

## PARISH GROUPS

Christian Meditation

C.W.L. / Prayer Line

Knights of Columbus

Led By The Spirit Group

Moms & Tots

Funeral Receptions

Social Justice/D & P

St. Vincent de Paul

Margie Noonan

Denise Owen

Stan Dzbik

David MacIntyre

Genevieve Vuksic

Marilyn Turner

Stan Dzbik

Georgina Short

## TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit [RCDVictoria.org/Responsible-Ministry](https://RCDVictoria.org/Responsible-Ministry) or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit [BishopReportingSystem.ca](https://BishopReportingSystem.ca) or call 1-866-892-3737

**These businesses support our Parish through their advertising, please support them!**



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Victoria BC, 2025



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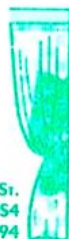
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918 Alston St.

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[thuytran.drapery@gmail.com](mailto:thuytran.drapery@gmail.com)



## VICTORIA CUSTOM CABINETS™

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