



# Sacred Heart Catholic Church

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\* 5th Sunday in Ordinary Time | 4th February 2024 \*



## The Hannah Ripple

By Jean Allen

We don't know the name of Peter's mother-in-law but I'm going to call her Hannah. This scripture used to irritate me; it almost seemed like Jesus healed Hannah just so she could serve the men who couldn't get their own lunch. As I got to know Jesus better, it occurred to me that Jesus doesn't just heal people; he anoints them and sends them. Whether they respond to his anointing is their choice but I believe every time Jesus heals someone, it's like throwing a rock into a pool. The ripples reach far. No touch of healing is ever wasted.

Hannah was anointed and healed but then she had the rare opportunity to listen to the Master as she served him. I believe every word resonated in the depths of her being and stirred her in a way she had never been stirred before. I believe she felt peace and a deep sense of her identity soaking into her. I believe she felt sent.

That evening people came from all around to listen to and be healed by Jesus and I think Hannah was right there in the midst of the people, comforting and consoling, encouraging the shy ones forward, perhaps feeding the hungry. Those who were at the far edges of the crowd may have been downhearted, discouraged and frustrated but Hannah was there. She could move easily through the crowd because nobody was expecting her to help them. But I believe she did. She was kind and good. She touched people and blessed them. Many people were actually healed through Hannah's prayers but thought it was because they were in the proximity of Jesus.

Next morning, when Jesus was told everyone was looking for him, he felt free not to go back to the village and could head off to other villages to teach and heal. He was free because the people would not be abandoned. Hannah was there. Hannah would continue what he started.

As should we all.

**There is no 9 am Mass on  
Saturday, February 3rd.**

***The next Marian Mass is at 9 am on  
Saturday, February 10  
in honour of our Blessed Mother.***



## LITURGICAL YEAR B

### Saturday:

English Mass 4:00 pm

### Sunday:

English Mass **(streamed)** 9:00 am

Polish 1:00 pm

Korean 3:00 pm

Vietnamese **(4, 11, 18 Feb)** 5:30 pm

## RECONCILIATION

Saturday 3:00 pm

## Weekday Masses

### English

Mass: Tuesdays to Thursdays 12:05 pm

Mass: Fridays 12:05 pm

Adoration until 3 pm  
(Sign-up sheet, in the foyer)

### Korean

Mass: Wednesdays 7:30 pm

Mass: Thursdays 10:30 am

## Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>

ASH  
Wednesday  
14 February



Mass at 12:05 pm & 6:00 pm

Fridays during LENT

16 February to 22 March

**There will be NO 12:05 pm Mass on Fridays**

Friday Adoration : 3:00 pm

Benediction : 6:15 pm

Stations of the Cross : 6:30 pm

MASS : 7:00 pm.





## **Please pray for:**

### **Those who have died**

*Norma Bayron, Julie Flemming, Hanna Murray,  
Visan Martinez & Maria Martinez.*

### **Those who are ill**

*Skarlet, Thérèse A, Jon A, Catalina Bautista, Maritza C,  
Patricia C, Darrell C, Cora C, Ludwik D, Lesley D, Kathleen G,  
Richard G, Aoife Hoffman, Pedrito K, Derek L,  
Lisa L, Michele R, Mike R and Maria T.*



## **Collection of Palms**

As the Liturgical Year continues, it's time once again to collect palms to be burned for Ash Wednesday, 14 February. Please bring in your palms and leave them in the container in the church foyer.

**Deadline: This Sunday, 4<sup>th</sup> February**



## **Memorial of St. Paul Miki & Companions**

Tuesday 6 February

Paul Miki, a Japanese Jesuit, and his twenty-five companions were martyred in Nagasaki, Japan. They were the first martyrs of Japan and East Asia to be canonized.

Paul Miki was born into a wealthy Japanese family and educated by the Jesuits in Azuchi and Takatsuki. He joined the Society of Jesus and became a well known and successful preacher. The ruler of Japan, Toyotomi Hideyoshi, began persecuting Catholics for fear of the Jesuits' influence, their intentions, and the intentions of the European visitors. Miki was arrested and jailed with his fellow Catholics, who were later forced to march 966 kilometers (600 miles) from Kyoto to Nagasaki; all the while singing the *Te Deum*.

Miki and his companions were pierced with lances while tied to crosses on 5<sup>th</sup> February 1597. They were killed simultaneously; crucified on a hill now known as the Holy Mountain overlooking Nagasaki. Their executioners were astounded upon seeing their joy at being associated with the Passion of Christ. Among them were priests, brothers and laymen, Franciscans, Jesuits, members of the Secular Franciscan Order, and catechists, doctors, simple artisans, servants, old men, and innocent children.

While hanging on the cross Paul Miki preached to the people gathered for the execution:

"The sentence of judgment says these men came to Japan from the Philippines, but I did not come from any other country. I am a true Japanese. The only reason for my being killed is that I have taught the doctrine of Christ. I certainly did teach the doctrine of Christ. I thank God it is for this reason I die. I believe that I am telling only the truth before I die. I know you believe me and I want to say to you all once again: Ask Christ to help you to become happy. I obey Christ. After Christ's example I forgive my persecutors. I do not hate them. I ask God to have pity on all, and I hope my blood will fall on my fellow men as a fruitful rain."

St. Paul Miki and his companions were beatified in 1627, and canonized in 1862.

Today, Nagasaki has the largest Catholic population in Japan.

In honour of  
**St. Blaise**  
the blessing of throats  
will be administered on:

**Friday, February 2nd**  
at the 12:05 pm Mass

**Saturday, February 3rd**  
at the 4 pm Mass

**Sunday, February 4th**  
at the 9 am Mass



## **Options to Donate**

### **E-Transfer:**

The email to use is [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

### **Pre-Authorized Debit (PAD)**

Automatic Debit Form:

<http://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you are using the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information & links are also available on our website.

### **Canada Helps**

<https://www.canadahelps.org/en/dn/47781>

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office. Thank you.

## **Thank you for your contributions!**

### **Jan 27 & Jan 28, 2024**

Envelopes \$ 2,030.00

Cash \$ 460.00

**Total \$ 2,490.00**

### **January 2024**

Canada Helps \$ 1,165.48

PAD \$ 6,515.00

E-Transfer \$ 1,215.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



## **World Day of the Sick is celebrated annually on February 11.**

In conjunction with the World Day of the Sick, if you wish to receive an anointing, there will be an

## **Anointing of the Sick**

on Friday, February 9  
during the 12:05 pm Mass.



**Mark your calendar  
and save the dates!**



*Join*



**Fr. David Reilander**  
*President of Catholic Missions in Canada  
for a*

## **Lenten Retreat**

**Sacred Heart Parish  
6 pm, March 25 to 27**

**Reconciliation Service, 6 pm  
Wednesday, 27 March.**

## **Horizons of Hope**

**April 1, 8, 15, 22**

**6:30 pm to 8:30 pm**

**Parish Hall**

When it comes to a loved one nearing death what are our Catholic options? Our faith in God as the Father, Son and Holy Spirit is challenged by an increasingly common world-view of death and dying.

Horizons of Hope: helps us as parishioners, caregivers, and loved ones facing the end of life by teaching us about palliative care. Through four modules, we explore the dying process, including discernment and decision-making at the end of life; accompaniment along the journey to the end of life; and the need for compassionate communities to walk with us as we near the end of life.

These will be held in April by Dr Felipe Edora and Angela Spencer. Please stay tuned for more information.



## **Join us for the next Pancake Breakfast**

hosted by the Knights of Columbus

**Sunday, February 18**  
after the 9am Mass

Donations to help cover the costs  
will be gratefully accepted.



## **Society of St. Vincent de Paul**



In the Gospel today, we find that Jesus would rise very early before dawn and go to a deserted place to pray and then he went out to preach and to heal.

Pray for the poor and suffering, knowing that you are bringing the love and peace of Jesus to those who live in fear and doubt, loneliness and dread.

Have you considered answering the call to serve the poor by joining the Society of St. Vincent de Paul? If you are interested, please email Georgina: mgvshort@telus.net

For monetary donations,  
please specify that it is for the "SCO Food Pantry".  
Cheques: "Society of St. Vincent de Paul".

Donate online and specify "Sacred Heart Parish" at:  
[https://www.canadahelps.org/en/charities/  
society-of-st-vincent-de-paul-of-vancouver-island/](https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/).



## **Diocesan Bursary Catholic Women's League**

**"In Memory of Freda Smith" Deadline: March 31**

This \$750 Bursary is awarded to a Catholic student graduating from a secondary school or home schooling program in the Diocese who plans to pursue education at a post secondary institution. For more information, and for the application form, please visit <https://cwldov.org/bursaries>



## **The Bishop's Appeal**

Contributions will be accepted until  
29 February.

This will allow more parishes to reach  
and surpass their goal.

All donations received in 2024 will  
receive a 2024 tax receipt next year.



## **From the Diocese**



## **Congratulations**

**Deacon Joseph Yuson**

who will be ordained to the Priesthood  
at 10 am on Saturday, 22nd June, 2024  
St. Andrew's Cathedral.

## **40 DAYS FOR LIFE.**

Every year more than 10,000 unborn babies are killed in the womb in British Columbia, and over 100,000 in Canada. The Pro-Life movement is fully opposed to the spirit of this age. Though we need patience and warm clothing, we need courage and forbearance in the face of those whose values we challenge.

To join 40 Days for Life Victoria call Glenda at 250-661-2613



## **Catholic Schools' Week February 4 to 10, 2024**

The theme this year is *Living, Celebrating, and Proclaiming Our Faith*. Every year, Catholic schools join together to share a message about the importance and value of Catholic education to the Church and society. There are five Catholic Schools in the Diocese (four elementary and one high school) educating approximately 1460 students in Port Alberni, Duncan and Victoria. On behalf of the Catholic schools in the diocese, thank you for your ongoing support, whether through prayer, time, talent, or treasure.

This week is also the beginning of registration for the 2024-2025 school year. We invite you and your family to consider registering your children in one of our Catholic schools. We remain grateful for your prayers as we live our faith through this dynamic ministry.

## PARISH PASTORAL COUNCIL 2023 / 2024

Marilyn Bojko (Chair) Jim Haffey  
Peter Martin Jeremy Côté  
Rick Perez de Tagle Edgar Tan Jr.  
Samantha Sherman Will Podmoroff

### OUR MINISTRY VOLUNTEERS

#### Saturday, 3 February, 4 pm

Altar Servers : Gabby, Elias, Mara, Melanie  
Lectors : Catherine M, Margaret S  
EMCs : Raul R  
Ushers : Stella L, Daniel L  
Music : Arlene S, Rafael O

#### Sunday, 4 February, 9 am

Altar Servers : Daisy, Pio, Matthew  
Lectors : Stan D, Ben P  
EMCs : Gail F, Cong N  
Ushers : Colleen MN, Lisa S  
Music : Sacred Heart Choir, Rafael O

*Thank you to all our volunteers*

### TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,  
religious, employee, or volunteer, visit  
[RCDVictoria.org/Responsible-Ministry](http://RCDVictoria.org/Responsible-Ministry)  
or call 1-800-968-3146

To report sexual abuse or cover-up  
by a Catholic Bishop,  
visit [BishopReportingSystem.ca](http://BishopReportingSystem.ca) or call  
1-866-892-3737

## Sacred Heart Contacts

**Pastor: Fr. Jan Grotkowski, SDS**  
[jgrotkowski@rcdvictoria.org](mailto:jgrotkowski@rcdvictoria.org)

**Korean: Fr. Robert Ryu**  
[youngjinryu0758@gmail.com](mailto:youngjinryu0758@gmail.com)

**Polish: Fr. Jan Grotkowski, SDS**  
[jgrotkowski@rcdvictoria.org](mailto:jgrotkowski@rcdvictoria.org)

**Vietnamese: Fr. Michael Tran**  
[michaeltran@rcdvictoria.org](mailto:michaeltran@rcdvictoria.org)

**Hospital Chaplain**  
**Fr. Sean Flynn: 250-889-3761**

**Parish Administrative Assistant**  
**Katherine Newton:**  
[sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

**Children's Religious Ed.**  
**Coordinator**  
**Lidia Moodie:**  
[sacredheartreled@rcdvictoria.org](mailto:sacredheartreled@rcdvictoria.org)

**Parish Liturgy Coordinator**  
**Rafael Oei:**  
[sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

**RMSE Coordinator**  
**Sindhu Merwin:**  
[sacredheartmse@gmail.com](mailto:sacredheartmse@gmail.com)

## PARISH MINISTRIES & GROUPS



Please contact the  
Parish Office:  
[sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

### PARISH LITURGICAL MINISTRIES

**Parish Liturgy Coordinator**  
Altar Servers  
Extraordinary Ministers

Floral Ministry  
Lectors  
Music Director  
Pastoral Care Ministry  
Ushers

Video Streamers

**Rafael Oei**  
Karla Montano  
Gilbert Santos  
Chay Santos  
Ruby Rivera  
Stan Dzbik  
Rafael Oei  
Lynda Tan  
Marisa Tinsay  
Isme Liem  
Peter Liem

### PARISH GROUPS

Christian Meditation  
C.W.L. / Prayer Line  
Knights of Columbus  
Led By The Spirit Group  
Moms & Tots  
Phone-tree  
Funeral Receptions  
Social Justice/D & P  
St. Vincent de Paul

Margie Noonan  
Margot McLaughlin  
Rick Perez de Tagle  
David MacIntyre  
Chantal Côté  
Elizabeth Olcen  
Elizabeth Olcen  
Stan Dzbik  
Georgina Short

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**SACRED HEART CATHOLIC CHURCH**

Victoria BC, 2024